



# PureLean® Pure Pack

Comprehensive daily weight  
management support packet providing  
core nutrients, alpha lipoic acid, taurine,  
GlucoPhenol®, fish oil and green tea††

DIETARY SUPPLEMENT



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Featuring GlucoPhenol®  
and Metafolin® L-5-MTHF

Gluten-free & Non-GMO  
Dietary Supplement  
30 PACKETS



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Comprehensive daily weight management support  
packet providing core nutrients, alpha lipoic acid,  
taurine, GlucoPhenol®, fish oil and green tea††

## Supplement Facts

| Serving size 1 packet (7 capsules)                                                                       |                    |                   |
|----------------------------------------------------------------------------------------------------------|--------------------|-------------------|
| Servings per container 30                                                                                |                    |                   |
|                                                                                                          | Amount Per Serving | %DV               |
| Calories                                                                                                 | 10                 |                   |
| Total Fat                                                                                                | 1 g                | 1% <sup>^</sup>   |
| Cholesterol                                                                                              | < 5 mg             | < 2% <sup>^</sup> |
| Vitamin A (as beta carotene)                                                                             | 1,125 mcg          | 125%              |
| Vitamin C                                                                                                | 250 mg             | 278%              |
| (as ascorbic acid and 50% as PureWay-C <sup>®</sup> )                                                    |                    |                   |
| Vitamin D (as cholecalciferol)(D <sub>3</sub> )                                                          | 25 mcg (1,000 IU)  | 125%              |
| Vitamin E                                                                                                | 34 mg              | 223%              |
| (as d-alpha tocopherol succinate and natural tocopherols)                                                |                    |                   |
| Vitamin K (as vitamin K <sub>1</sub> )                                                                   | 50 mcg             | 42%               |
| Thiamin (as thiamin HCl) (B <sub>1</sub> )                                                               | 12.5 mg            | 1,042%            |
| Riboflavin (as vitamin B <sub>2</sub> and 28%<br>riboflavin 5' phosphate (activated B <sub>2</sub> ))    | 17.35 mg           | 1,335%            |
| Niacin (as niacin and 67% niacinamide)                                                                   | 375 mg             | 234%              |
| Vitamin B <sub>6</sub> (as pyridoxine HCl and 40%<br>pyridoxal 5' phosphate (activated B <sub>6</sub> )) | 10.4 mg            | 612%              |

Other Ingredients: vegetarian capsule (cellulose, water), gelatin capsule (gelatin, glycerin, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate, rice bran wax, citrus bioflavonoids, rice maltodextrin, magnesium hydroxide, natural lemon flavor, rosemary leaf extract, natural tocopherols.

Contains fish (anchovies, sardines, mackerel)

|                                                                                              |             |         |
|----------------------------------------------------------------------------------------------|-------------|---------|
| Folate (as Metafolin®, L-5-MTHF)                                                             | 667 mcg DFE | 167%    |
| (400 mcg L-5-MTHF)                                                                           |             |         |
| Vitamin B <sub>12</sub> (as methylcobalamin)                                                 | 250 mcg     | 10,417% |
| Biotin                                                                                       | 1.5 mg      | 5,000%  |
| Pantothenic acid<br>(as calcium pantothenate) (B <sub>5</sub> )                              | 25 mg       | 500%    |
| Choline (as choline bitartrate)                                                              | 20 mg       | 4%      |
| Calcium (as calcium citrate)                                                                 | 75 mg       | 6%      |
| Iodine (as potassium iodide)                                                                 | 100 mcg     | 67%     |
| Magnesium (as magnesium citrate<br>and 62% magnesium glycinate)                              | 195 mg      | 46%     |
| Zinc (as zinc citrate)                                                                       | 75 mg       | 68%     |
| Selenium (as selenomethionine)                                                               | 35 mcg      | 64%     |
| Copper (as copper glycinate)                                                                 | 1 mg        | 111%    |
| Manganese (as manganese citrate)                                                             | 1 mg        | 43%     |
| Chromium (as ChromeMate® chromium<br>polynicotinate and 50% Zychrome® chromium dinicotinate) | 200 mcg     | 571%    |
| Potassium (as potassium citrate)                                                             | 50 mg       | 1%      |
| Boron (as boron glycinate)                                                                   | 1 mg        | *       |
| Vanadium (as bis-glycinato oxo vanadium)                                                     | 50 mcg      | *       |
| Proprietary mixed carotenoid blend<br>(as lutein, lycopene, zeaxanthin)                      | 212 mcg     | *       |

|                                                                                                                                                                                         |                            |            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------|
| Inositol                                                                                                                                                                                | 62 mg                      | *          |
| FloraGLO® lutein                                                                                                                                                                        | 3 mg                       | *          |
| Zeaxanthin                                                                                                                                                                              | 500 mcg                    | *          |
| Alpha lipoic acid (thioctic acid)                                                                                                                                                       | 350 mg                     | *          |
| GlucoPhenol® proprietary blend<br>providing 25 mg polyphenols from Orléans<br>strawberry (Fragaria x ananassa) extract<br>(fruit) and cranberry (Vaccinium macrocarpon) extract (fruit) | 138 mg                     | *          |
| Cinnamon (Cinnamomum cassia)<br>extract (dried bark)                                                                                                                                    | 50 mg                      | *          |
| L-Carnosine (beta-alanyl-L-histidine)                                                                                                                                                   | 25 mg                      | *          |
| Taurine (free-form)                                                                                                                                                                     | 1,150 mg                   | *          |
| Green tea (Camellia sinensis) extract (leaf)<br>(providing 23% epigallocatechin gallate (EGCG))                                                                                         | 50 mg                      | *          |
| Indian kino tree (Pterocarpus marsupium)<br>extract (heartwood)<br>(standardized to contain 5% pterostilbene)                                                                           | 25 mg                      | *          |
| Fish oil concentrate<br>(from anchovies, sardines, mackerel)<br>providing:<br>EPA (eicosapentaenoic acid)<br>DHA (docosahexaenoic acid)                                                 | 900 mg<br>300 mg<br>200 mg | <br>*<br>* |

\* Daily value not established

<sup>^</sup> Percent daily values are based on a 2,000 calorie diet

† Provides weight management support as part of a healthy lifestyle with a reduced calorie diet and regular exercise.

†† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## STORE IN A COOL, DRY PLACE.

**Recommendations:** As a dietary supplement, take 1 packet daily (7 capsules), with a meal.

**Warning:** Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

**Keep out of the reach of children.**

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Use only if safety seal is intact.  
Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.  
Certified Gluten-Free by the Gluten-Free Certification Organization, www.gfcog.org

Scan to learn about our hypoallergenic supplements

## Each packet contains

PureLean® Nutrients | 3 vegetarian capsules

EPA/DHA with lemon | 1 softgel capsule

Alpha Lipoic Acid  
with GlucoPhenol® | 1 vegetarian capsule

Magnesium (glycinate) | 1 vegetarian capsule

Taurine | 1 vegetarian capsule

manufactured by: **Pure Encapsulations**  
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