

**SUGGESTED USE:**† Take 1 serving (6 scoops) with 12 to 16oz of your favorite beverage daily. For optimal results take SNI CEE and Glutamine Peptide with every PM-1250™ shake.

**WHAT IS PM-1250™?**  
**PM-1250™** is the most complete, highest-quality LEAN MASS formula on the market today. Adding muscle and size is not easy. It requires lots of calories, at the right times, in the precise ratios that your body can utilize.

**WHAT DOES PM-1250™ CONTAIN?**  
**PM-1250™** is formulated with 50 grams of the highest bioavailable sustained-release protein blend comprised of whey protein isolate, whey concentrate, whey peptides, egg albumen, and casein protein to saturate the muscles with over five hours of anabolic-triggering amino acids. We've also added 250g of our patent-pending slow to fast release carbohydrate blend to keep glycogen levels up, preventing muscle wasting and improving muscle anabolism all day long! **PM-1250™** is without the doubt the most scientifically advanced LEAN MASS formula on the planet.

**WARNINGS:** KEEP OUT OF REACH OF CHILDREN. Always consult a physician prior to using any dietary supplement. Do not use or combine with other dietary supplements. Do not use if you have or are being treated for prostate hypertrophy or cancer, heart, liver, cardiovascular, kidney or thyroid disease, high blood pressure low hdl, taking antidepressants, MAO inhibitors, prescription drugs or any over the counter prescription drugs containing ephedrine or psuedoephedrine. Do not exceed suggested serving. Do not use if pregnant or nursing. Discontinue use and contact your health care provider if you experience rapid heartbeat, dizziness, severe headache, shortness of breath, or similar syptoms. Protect from Heat, Light, and Moisture. Store at 15-30°C (59-86°F). Do not use if seal is broken.



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**MILK AND  
COOKIES**  
DIETARY SUPPLEMENT



★ ★ ★ ★ ★ **HARDCORE SERIES** ★ ★ ★ ★ ★

# PRO MASS PM-1250

- **50 gram Isolate Protein Blend**
- **250 gram Fast Acting Carbs**
- **Hardcore Mass & Recovery Blend**
- **Award Winning Taste and Mixes Instantly**



## SUPPLEMENT FACTS

Serving Size: 6 Scoops (325g)  
Servings per container: Approx. 14

### Amount Per Serving

**Calories** 1254    **Calories from fat** 54

**% Daily Value\***

**Total Fat** 6g    **9%**

Saturated Fat 1.5g    **7%**

**Cholesterol** 125mg    **42%**

**Sodium** 750mg    **31%**

**Total Carbohydrates** 250g    **83%**

Sugars 36g

Dietary Fiber 5g

**Protein** 50g

**Mass & Recovery Blend** 15g  
L-Taurine, Arginine AKG, Creatine, \*\*Magna Power Magnesium Creatine Chelate, L-Leucine††, L-Isoleucine††, L-Valine††, L-Glutamine††.

**Multi Blend:** Vitamin A (beta carotene), Vitamin C (ascorbic acid), Vitamin D (calciferol), Vitamin E (d-a-tocopheryl-acetate), Vitamin B1 (thiamin), Vitamin B2 (riboflavin), Vitamin B3 (niacin), Panthothetic Acid (calcium pantothenate), Vitamin B6 (pyridoxine hcl), Vitamin B12 (cyanocobalamin), Biotin, Folic Acid, Calcium (carbonate/oxide), Magnesium (citrate/oxide), Zinc (aspartate/oxide), Potassium (chloride/phosphate), Copper (chelate), Molybedenum (sodium molybdate), Selenium (as selenium yeast), Iron (ferrous sulfate), Phosphorus (oxide), Kelp (natural source of iodine), Chromium (picolinate), Manganese (gluconate).

\* Percent Daily Values (DV) are based on a 2,000 calorie diet    † Daily Value (DV) not established

\*\* Creatine MagnaPower® is a registered trademark of Albion Laboratories, Inc. Chelate covered by U.S. Patent 6,114,379 and patents pending

†† Naturally occurring from protein

### Typical Amino Acid Profile per Serving (6 Scoops)

|                            |       |
|----------------------------|-------|
| L-Aspartate .....          | 2.68g |
| L-Serine .....             | 2.95g |
| L-Histidine .....          | 2.96g |
| L-Threonine* .....         | 2.86g |
| L-Proline .....            | 2.87g |
| L-Tyrosine .....           | 2.79g |
| L-Valine (BCAA) .....      | 2.35g |
| L-Methionine.....          | 2.74g |
| L-Cysteine .....           | 2.71g |
| L-Glutamic Acid .....      | 4.64g |
| L-Glycine.....             | 2.04g |
| L-Arginine .....           | 2.21g |
| L-Alanine.....             | 2.99g |
| L-Leucine (BCAA) .....     | 2.80g |
| L-Phenylalanine* .....     | 2.81g |
| L-Tryptophan* .....        | 1.72g |
| L-Lysine*.....             | 2.93g |
| L-Isoleucine* (BCAA) ..... | 2.95g |

\*Essential Amino Acid

**ADDITIONAL INGREDIENTS:** Waxy Maize (from Corn), Amylopectin (Fast Release From Potato), Dextrose (Medium to Slow release Rice and Potato Starch), Glucose Polymers (Fast Release from Potato), Maltodextrin (Quick Release Starch from Corn), Cane Sugar (Quick release Carb), Glycerol, Whey Protein Isolate , Whey Protein Concentrate, Whhey Peptides, Egg Albumin, Caseinate Protein, Lecithin, Fibersol® - 2 (Maltodextrin), Natural and Artificial Flavor, Sodium, Conjugated Linoleic Acid, Cellulose Gum, Xanthan Gum, Carrageenan Gum, Natural Cream Flavor, Creme Filled Cookie Crumbs, Sucralose, Lactase (Milk Enzyme). Contains Milk, Egg & Soy Ingredients

Manufactured exclusively for:



53 E. Merrick Road #218, Freeport, NY 11520  
**Questions/Comments:** 1(888) 663-1113  
**www.sniglobal.com**

**10LBS (4536G)**