SUGGESTED USE: 1 CAPSULE PER DAY OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL.

WARNING: IF TAKING MEDICATION, PREGNANT OR NURSING, CONSULT A PHYSICIAN BEFORE USING.

Quatrefolic® is a registered trademark of Gnosis S.p.A.

Manufactured For:
Moss Nutrition
Products, Inc.
380 Russell Street
Hadley, MA 01035
800-851-5444

M093

WWW.MOSSNUTRITION.COM

THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

MOSS NUTRITION

L-5-MTHF

Natural S-Isomer

Quatrefolic®

*Support for Healthy Methylation**

Dietary Supplement
120 Vegetarian Capsules

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

	Amount Per Serving	% Daily Value
Folate (as Quatrefolic® [6S]-5-Methyltetrahydrofolic acid, glucosamine salt)	1000 mcg	250%

Other ingredients: Microcrystalline cellulose, hypromellose (capsule), vegetable stearate, silicon dioxide.

Does not contain gluten.

V0817.5

KEEP OUT OF REACH OF CHILDREN.
STORE SEALED IN A COOL, DRY PLACE.