

swanson.com
or call 1-800-437-4148

- Promotes a healthy body weight
- Reduces the enzymatic digestion of dietary starches
- Supports overall health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two capsules with 8 ounces of water before each meal containing complex carbohydrates or starches.

Phase 2 Carb Controller® is used with permission under license. 

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



White Kidney Bean Extract

Weight Management

1 gram Phase 2 Carb Controller®

DIETARY SUPPLEMENT | 180 CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 90

Amount Per Serving	
Phase 2 Carb Controller®	1 g*
(Phaseolus vulgaris L.) (white kidney bean—dried bean fraction)	

*Daily Value not established.

Other ingredients: Gelatin, may contain one or more of the following: microcrystalline cellulose (plant fiber), magnesium stearate, silica.

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