



3.2 Billion CFU
60 veggie capsules



Probiotics

Dr. Stephen Langer's Ultimate 16 Strain Probiotic with FOS

Dietary Supplement

SWANSON®



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one veggie capsule per day with water or juice.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

FOS (Fructooligosaccharides).....	50 mg*
Bifidobacterium longum	430 million CFU*
Lactobacillus acidophilus.....	430 million CFU*
Bifidobacterium bifidum	180 million CFU*
Bifidobacterium breve.....	180 million CFU*
Bifidobacterium lactis	180 million CFU*
Lactobacillus brevis	180 million CFU*
Lactobacillus bulgaricus	180 million CFU*
Lactobacillus casei	180 million CFU*
Lactobacillus helveticus.....	180 million CFU*
Lactobacillus plantarum.....	180 million CFU*
Lactobacillus reuteri	180 million CFU*
Lactobacillus rhamnosus.....	180 million CFU*
Lactobacillus salivarius.....	180 million CFU*
Lactococcus lactis	180 million CFU*
Streptococcus thermophilus	180 million CFU*
Bifidobacterium infantis	90 million CFU*

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), vegetable capsule (hypromellose, gellan gum), Concentrace® Trace Minerals, alfalfa, silica, magnesium stearate. Contains milk.

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