

**swanson.com**  
or call 1-800-437-4148

- Supports digestive health by encouraging the growth of friendly bacteria
- Supports bowel regularity
- Helps maintain gastrointestinal balance

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take two veggie capsules per day with water.

**NutraFlora® and scFOS® are registered trademarks of the Inghredion group of companies.**

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Probiotic+ Prebiotic Fiber

Digestive Health

1 Billion CFU

1 GRAM FOS

DIETARY SUPPLEMENT | 60 VEGGIE CAPS

## Supplement Facts

Serving Size 2 Veggie Capsules  
Servings Per Container 30

### Amount Per Serving

Bifidobacterium lactis 1 billion CFU\*

NutraFlora® scFOS® 1 g\*  
(short-chain fructooligosaccharides)  
(providing minimum 95% total  
fructooligosaccharides)

\*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose (plant fiber), magnesium stearate, silica.

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