

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resist shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE
100% ACTIVE 100% NATURAL 100% VERIFIED



Researched, uniquely formulated,
& exclusively distributed by:
PERQUE Integrative Health, USA



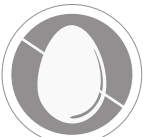
PERQUE

Whey Guard™

Vanilla Flavored

Delicious Meal Replacement
Protein Powder with 100% Native Whey
and Probiotics for Digestive Ease

20 oz./573 grams net weight
Dietary Supplement
Patents Pending



Directions for Use:
Replace 1 meal per day (or as directed by your healthcare practitioner) with 1 serving of PERQUE Whey Guard. Add 2 scoops (39g) of powder to 6-8 oz. of cold water and shake or blend. May also be mixed with milk, juice or fruit smoothie of your choice

Actual Amino Acid Profile* in mg per serving (39g)	
Branch chain aminoacid; BCAA	
Isoleucine (enhanced alertness; BCAA)	2567
Leucine (enhanced alertness; BCAA)	4278
Valine (enhanced alertness; BCAA)	3935
Communication, detox, energy and neurochemicals	
Alanine (energy source)	1344
Aspartate (nerve energy source)	2394
Arginine (nitric oxide [NO] source)	295
Cysteine/Cystine (detox sulfur source)	1170
Glutamine/Glutamate (energy source)	9036
Glycine (detox & soothing neurotransmitter)	539
Methionine (detox sulfur source)	1240
Phenylalanine (noradrenaline source)	1113
Serine (phosphoserine source)	1317
Threonine (phosphothreonine source)	1912
Tyrosine (adrenaline source)	1234
Specialized functions	
Histidine (stomach digestive source)	518
Lysine (collagen cross link source)	1938
Proline (structure source)	4223

*Analysis by H. Stone (BUMC) April 2010. Data on file.

May be used as part of a healthy program to manage weight and pain.

Nutrition Facts

Serving Size: 2 heaping scoops (39g)
Servings Per container: 14

Amount Per Serving		Calories from Fat 17	
	Amt	% Daily Value*	
Total Fat	1.4 g	2%	
Saturated Fat	0.5 g	3%	
Trans Fats	0 g	0%	
Cholesterol	42.5 mg	14%	
Sodium	85.8 mg	4%	
Potassium	179.4 mg	5%	
Total Carbohydrates	18.7 g	6%	
Dietary Fiber	10.3 g	41%	
Sugars	8 g		
Protein	15.4 g	31%	
Probiotic (Bacillus subtilis) RO179	15 mg		

* Percent Daily Values are based on a 2,000 calorie diet.
Calories per gram: Fat – 9 Carbohydrate – 4 Protein – 4

Native Whey Protein Concentrate by Cross Flow, fibers(guar gum, xanthan gum) sugars (organic evaporated cane juice, maple flakes), natural vanilla extract, milk buds, potassium chloride, natural cream extract (butyrate rich butter fat), monk fruit concentrate, MCT (from raw coconut and palm), Horsetail