

CAN CLA HELP YOU LOSE BELLY FAT?

Three new published research studies reveal that losing weight and reducing bodyfat, especially around the waist, could be as easy as taking a daily CLA supplement... and now **combined** with a new weight-loss blend, suggest it may make the weight loss easier and more profound.

STUDY #1: The US study set out to investigate conjugated linoleic acid (CLA, naturally derived from safflower oil) and included 40 overweight adults. For the duration of the study, participants took either CLA or a placebo (a pill that contains no active ingredients). During this time, the participants were asked not to change their diets. The researchers found those taking CLA **lost significantly more bodyfat** and weight than those taking the placebo. That's not all. During November and December (the US holiday season), those participants in the study taking the placebo gained more weight than those taking CLA.

STUDY #2: More recently, at the Experimental Biology medical conference, scientists presented a fascinating study in which another group was supplemented with CLA or CLA *plus guarana*. After only 6 weeks, both groups showed a substantial reduction in fat mass. In the CLA-only group, the decrease in fat mass was due to a reduction in fat-cell size, without a change in fat-cell number. In the CLA *plus guarana* group, **both fat-cell size and number were reduced by 50%** over the CLA-only group. (FASEB 2002).

STUDY #3: A study recently published in the *International Journal of Obesity* concluded that CLA reduces abdominal fat among men classified as abdominally obese. This double-blind, randomized, placebo-controlled trial observed 25 men with significant abdominal fat for four weeks. At the conclusion of the study, the participants taking CLA **lost an average of 1.4 cm in waist circumference (abdominal diameter) after only four weeks**. What's interesting is that **none of the study participants changed their eating or exercise habits during the trial period**.

Start today, and although results may vary, you could experience similar results to those test subjects in the most recent clinical studies, such as:

- Reduced appearance of belly fat^{Δ†}
- Help curbing hunger and boosting energy^{Δ†}
- Support losing more bodyweight than diet alone, feeling lighter, healthier, and more confident^{Δ†}

^ΔThese statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CUSTOMER REVIEWS FOR THE Belly Off™ DIETER'S WEIGHT LOSS SYSTEM:



"Thankfully, Belly-Off does what it says it will do, without any crazy dieting!"

—Mary N., 47

"This product works fast, I could feel it right away. I love Belly-Off!"

—SoccerMom8609, via email

"Simply put, this product is amazing! I can finally get a flat, sexy tummy again!"

—Angie P., 39



Come join the thousands of others who are enjoying their new, thinner, lighter, and more energetic bodies, and see them sharing their successful weight-loss stories:
[facebook.com/BioGeneticLabs](https://www.facebook.com/BioGeneticLabs)

Individual results may and will differ. Always consult a physician prior to any diet or exercise program.

*SCIENTIFIC STUDIES ON INGREDIENTS IN BELLY-OFF:

1) *Med Sci Sports Exerc.* 2004 May;36(5):814-20. 2) *Eur J Clin Nutr.* 2003 Apr;57(4):595-603. 3) *Br J Nutr.* 2002 Sep;88(3):243-51. 4) *Lipids.* 2001 Mar;36(3):221-7. 5) *Am J Clin Nutr.* 2004 Jun;79(6):1118-25. 6) *J Int Med Res.* 2001 Sep-Oct;29(5):392-6. 7) *Int J Obes Relat Metab Disord.* 2001 Aug;25(8):1129-35. 8) *Lipids.* 2001 Aug;36(8):773-81. 9) *J Nutr.* 2000 Dec;130(12):2943-8. 10) *J Nutr.* 2007 May;137(5):1188-93. 11) *Br J Nutr.* 2007 May;97(5):1001-11. 12) *Br J Nutr.* 2007 Mar;97(3):550-60. 13) *Br J Nutr.* 2007 Feb;97(2):273-80. 14) *Int J Obes (Lond).* 2007 Mar;31(3):481-7. 15) *Am J Clin Nutr.* 2001 May;55(5):1202-11. 16) *J Pharm Pharmacol.* 1992 Sep;44(9):768-71. For full scientific references, visit BioGeneticLabs.com.

QUALITY SATISFACTION GUARANTEE: If, for whatever reason, you are not satisfied, return it to your original place of purchase for the appropriate refund.

NEW WEIGHT LOSS BREAKTHROUGH

BELLY OFF™

CLA + YGD™ Weight-Loss Blend



CLINICAL STUDIES on the key ingredients, over 6 weeks, suggest they may help:

- Reduce the appearance of belly fat^{Δ†}
- Curb hunger and boost energy^{Δ†}
- Support losing more bodyweight than diet alone, feeling lighter, healthier, and more confident^{Δ†}



DIETARY SUPPLEMENT | 90 SOFTGEL CAPSULES

INCLUDES FREE DIET PLAN!

(inside!)

BELLY OFF™

CLA + YGD™ Weight-Loss Blend

DIRECTIONS FOR USE: As a dietary supplement, adults take 2 to 3 servings with each morning and afternoon meal, or as recommended by a physician. Please read the entire label carefully before use, and follow the diet plan (free inside).

NOTICE: FOR BEST RESULTS, FOLLOW THE SCIENTIFICALLY DESIGNED DIET PLAN INCLUDED.

SUPPLEMENT FACTS

Serving Size: 1 Softgel Capsule Servings Per Container: 90		
	Amount Per Serving	%DV*
CLA (80% conjugated linoleic acid) (from safflower oil)	1000mg	**
YGD™ Weight-Loss Blend	381mg	**
Guarana (seed) Extract (<i>Paullinia cupana</i>) (standardized to 22% caffeine)		
Yerba Mate (herb) (leaf) Extract (<i>Ilex paraguensis</i>) (standardized to 8% caffeine)		
Damiana (leaf) 4:1 Concentrate (<i>Turnera aphrodiasica</i>)		
* % Daily Value		
** Daily Value Not Established		

OTHER INGREDIENTS: GELATIN (BOVINE), MONOLYCERIDES, YELLOW BEESWAX, AND LECITHIN.

Developed and Distributed by



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Made in the USA with ingredients of international and domestic origin.

NOTICE: KEEP OUT OF REACH OF CHILDREN. Not intended for individuals under the age of 18, unless instructed by a doctor. Consult your physician prior to use if you have high blood pressure or heart problems or are taking prescription drugs. Do not exceed the recommended daily intake. Seek the advice of a healthcare professional before beginning any supplement or exercise program. If you or your doctor has any questions about this product, please call 1-888-752-6615. Improper use of this product will not improve results and is not advised. Only follow a reduced calorie diet under the supervision of a doctor. Consult with your primary physician prior to use if you have any pre-existing medical conditions, including high blood pressure, thyroid problems, nervous disorders, or if you are using MAO inhibitors or taking any prescription drugs. Individuals who are sensitive to caffeine should begin use with one-half the recommended dosage and limit the use of other caffeine-containing foods and drinks while taking this product because too much caffeine may cause nervousness, irritability, and sleeplessness. **DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN.**