

**KEEP OUT OF REACH OF CHILDREN.** Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resist shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

## UNIQUELY PERQUE

100% ACTIVE  
100% NATURAL  
100% VERIFIED



Researched, uniquely formulated,  
& exclusively distributed by:  
PERQUE Integrative Health, USA



# PERQUE

## Triple EFA Guard™ Softgels

Improves Brain, Heart,  
and Neurohormones

60 Count  
Dietary Supplement  
Patents Pending



**Directions:** As a dietary supplement, take one (1) to four (4) softgel capsules daily with meals or as directed by your health professional.

### SUPPLEMENT FACTS

Serving size: 1 Softgel  
Servings per container: 120

| Energized Nutrients                                | Amount<br>per serving | % Daily<br>Value |
|----------------------------------------------------|-----------------------|------------------|
| Vitamin E (mixed natural tocopherols).....         | 5 IU                  | 17               |
| <b>Omega 3</b>                                     |                       |                  |
| ALA (Alpha Linolenic Acid).....                    | Total 405 mg.         | • • • • •        |
| DHA (Docosahexaenoic Acid).....                    | 335 mg.               | • • • • •        |
| EPA (Eicosapentaenoic Acid).....                   | 50 mg.                | • • • • •        |
| <b>Omega 6</b>                                     |                       |                  |
| LA (Linoleic Acid).....                            | Total 100 mg.         | • • • • •        |
| GLA (Gamma Linolenic Acid).....                    | 85 mg.                | • • • • •        |
| <b>Omega 9</b>                                     |                       |                  |
| OA (Oleic Acid).....                               | 15 mg.                | • • • • •        |
| CLA (Conjugated Linolenic Acid).....               | 20 mg.                | • • • • •        |
| Sterols (phytosterols).....                        | 150 mg.               | • • • • •        |
|                                                    | 1,500 mcg             | • • • • •        |
| <b>Sources &amp; Ingredients</b>                   |                       |                  |
| Organic flax seed oil.....                         | 520 mg.               | • • • • •        |
| Organic olive oil (cold-pressed extra virgin)..... | 210 mg.               | • • • • •        |
| Organic safflower oil (70% CLA).....               | 190 mg.               | • • • • •        |
| Marine lipids (distilled).....                     | 105 mg.               | • • • • •        |
| Black currant oil.....                             | 100 mg.               | • • • • •        |
| Ascorbyl palmitate.....                            | 2 mg.                 | • • • • •        |
| Phosphatidylcholine.....                           | 1,500 mcg.            | • • • • •        |
| Phosphatidylethanolamine.....                      | 1,200 mcg.            | • • • • •        |
| Phosphatidylinositol.....                          | 900 mcg.              | • • • • •        |
| Kosher gelatin.....                                | 289 mg.               | • • • • •        |
| Glycerol (vegetable).....                          | 133 mg.               | • • • • •        |
| Water (In gelatin).....                            | 43 mg.                | • • • • •        |
| Carob flavonoid extract.....                       | 42 mg.                | • • • • •        |

Full disclosure label  
(no hidden or inactive ingredients)

Lot # and Expiration Date:

\*Daily value not established by FDA