

**KEEP OUT OF REACH OF CHILDREN.** Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resist shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

### UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



Researched, uniquely formulated,  
& exclusively distributed by:  
PERQUE Integrative Health, USA



# PERQUE

## Mg Plus Guard™ Vegetable Capsules

Improves the Heart,  
Blood Pressure, and Stress

180 Count  
Dietary Supplement  
U.S. Pat. No. 8,017,160



Full disclosure label  
(no hidden or inactive ingredients)

**CONTAINS ONLY PERQUE MAGNESIUM FORMS. NO FILLERS, BINDERS, OR EXCIPIENTS USED.**

**Directions:**

As a dietary supplement, take one (1) to six (6) capsules daily with meals or as directed by your health professional. Severe condition: 4-12 capsules daily

### SUPPLEMENT FACTS

Serving size: 1 Capsule  
Servings per container: 180

Energized Nutrients	Amount per serving	% Daily value*
Magnesium (as ionized glycinate).....	85 mg.	21
Magnesium (as ascorbate) .....	8 mg.	2
Magnesium (as citrate) .....	10 mg.	3
Magnesium (as C16 and C18 alkylst) .....	7 mg.	2
<b>Total elemental magnesium.....</b>	<b>110 mg.</b>	<b>28</b>

†from whole, untreated palm fruit

Vegetable capsule .....

\* Daily value not established by FDA