

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 4 tablets daily or as directed by physician. This product is best taken with meals.

WARNING: This product contains Vitamin K, which interferes with the prescription drug Coumadin® (warfarin). If you are taking these or similar prescription drugs, consult your physician before using this product.

Keep out of reach of children.

For optimal storage conditions, store in a cool, dry place. (59-77degF/15-25degC) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**QUALITY AND POTENCY
GUARANTEED**

Formulated for:
Martin Avenue Pharmacy, Inc.
"We Make It Better..."
Naperville, IL 60540
(630) 355-6400



Bone Total Health*

Comprehensive Support Formula

**For Support of Healthy Bones*

Dietary Supplement

120 Tablets

www.MartinAvenue.com

Supplement Facts

Serving Size 4 tablets; Servings Per Container 30

	Amount Per Serving	%DV
Vitamin A (25% as Vitamin A Palmitate/75% [15,000 IU] as Beta-Carotene)	20,000 IU	400%
Vitamin C (Ascorbic Acid)	1000 mg	1667%
Vitamin D-3	50 IU	13%
Vitamin E (as Vitamin E Succinate)	200 IU	667%
Vitamin K	150 mcg	188%
Thiamine (as Thiamine HCl)	50 mg	3333%
Riboflavin	25 mg	1471%
Niacin/Niacinamide	120 mg	600%
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	25 mg	1250%
Folic Acid	800 mcg	200%
Vitamin B-12 (on Ion Exchange Resin)	100 mcg	1667%
Biotin	300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg	1500%
Calcium (from Calcium Citrate/Ascorbate Complex)	800 mg	80%
Magnesium (from Magnesium Aspartate/Ascorbate Complex)	400 mg	100%
Zinc (from Zinc Aspartate Complex)	20 mg	133%
Selenium (Organic Selenium from Krebs** Cycle and Kelp)	200 mcg	286%

	Amount Per Serving	%DV
Copper (from Copper Amino Acid Chelate)	2 mg	100%
Manganese (from Manganese Aspartate Complex)	15 mg	750%
Chromium (Organically bound with GTF activity-low allergenicity)	200 mcg	167%
Molybdenum (from Molybdenum Krebs**)	50 mcg	67%
Potassium (from Potassium Aspartate Complex)	75 mg	2%
Choline (from Choline Citrate/Bitartrate)	20 mg	*
Inositol	25 mg	*
Citrus Bioflavonoid Complex	100 mg	*
PABA (Para-Aminobenzoic Acid)	50 mg	*
Vanadium (from Vanadium Krebs)	25 mcg	*
Boron (from Boron Aspartate/Citrate Complex)	1 mg	*
Strontium (from Strontium Aspartate)	10 mcg	*
Trace Elements (from Sea Vegetation)	100 mcg	*
Osteo-Support Proprietary Blend	500 mg	*
Bioflavonoids, Hesperidin, Dong Quai (root), Licorice (root), Black Cohosh (root), Fennel (seed), Bromelain, Betaine HCl/ Glutamic Acid HCl, Rutin, Proanthocyanidins (Red Wine Grapes), N-Acetyl-L-Cysteine/L-Cysteine HCl, L-Methionine		

*Daily Value not established.

Other ingredients: cellulose, vegetable stearate and silica. **Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.