

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resist shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



Researched, uniquely formulated,
& exclusively distributed by:
PERQUE Integrative Health, USA

PERQUE

Life Guard mini™

Tabsules

40 essential nutrients
protect heart, body, and brain

180 Count
Dietary Supplement
Patents Pending



Full disclosure label
(no hidden or inactive ingredients)

Directions: As a dietary supplement, take two (2) tabsules with meals or as directed by your health professional. **Best if taken with meals.** Alternative daily doses as follows:

Low stress, healthy 2-4 tabsules/day
Moderate stress, unwell 6-8 tabsules/day
High stress, training 10-12 tabsules/day

SUPPLEMENT FACTS

Serving size: 2 Tabsules
Servings per container: 90

Energized Nutrients

	Amount per serving	% Daily Value
Vitamin A (as beta-carotene)	2,500 IU	50
Vitamin B-1 (as thiamine HCl)	50 mg.	3,333
Vitamin B-2 (as riboflavin 20 mg; riboflavin 5'-phosphate, 5 mg)	25 mg.	1,470.5
Vitamin B-3 (as niacin)	12.5 mg.	62.5
Vitamin B-3 (as niacinamide)	37.5 mg.	187.5
Vitamin B-5 (as calcium d-pantothenate)	50 mg.	500
Vitamin B-6 (as pyridoxine HCl, 80 mg; pyridoxal 5'-phosphate, 20 mg)	100 mg.	5,000
Vitamin B-12 (as hydroxocobalamin)	100 mcg	1,666.5
Folate (as calcium folinate)	100 mcg	50
Biotin (as pure crystalline)	250 mcg	83
Vitamin C (as 100% L-ascorbates, fully reduced and buffered)	75 mg.	125
Vitamin D-3 (as cholecalciferol)	200 IU	50
Vitamin E (as mixed natural tocopherols and tocotrienols)**	100 IU	333.5
Vitamin K-1 (as phyloquinone)	250 mcg	312.5
Potassium (as citrate)	49.5 mg.	1.5
Calcium (as ascorbate, pantothenate, citrate, fumarate, malate and succinate)	25 mg.	2.5
Magnesium (as C16 and C18 alkyl)	50 mg.	12.5
Zinc (as picolinate)	12.5 mg.	83.5
Chromium (as picolinate 50%, ascorbate 50%)	100 mcg	83.5
Manganese (as ascorbate)	7.5 mg.	375
Molybdenum (as ascorbate)	50 mcg	66.5
Selenium (as L-selenomethionine)	25 mcg	35.5

(6S)-5-Methyltetrahydrofolate (as Quatrefolic™)

PABA (para-aminobenzoic acid)
Vanadium (as ascorbate)
Boron (as ascorbate)
Quercetin dihydrate (water-soluble bioflavonoid)
L-Aspartic acid (as magnesium aspartate)
Trimethylglycine (betaine HCl)

Tocotrienols:

Triacontanol (polycosanol)
Hexacosanol (polycosanol)
Tetracosanol (polycosanol)
Octacosanol (polycosanol)
Citrate
Fumarate
Malate
Succinate

Vegetable fiber (organic crosscellulose)

**Vitamins E is stated to reinforce the fact that PERQUE uses the alpha, beta, gamma, and delta forms of the natural tocopherols.
From whole, untreated palm fruit and leaf

*Daily value not established by FDA

OTHER INGREDIENTS: NATURAL VANILLA FOR FRESHNESS

Lot # and Expiration Date: