

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resist shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



Researched, uniquely formulated,
& exclusively distributed by:
PERQUE Integrative Health, USA

PERQUE

Life Guard mini™

Tabsules

40 essential nutrients
protect heart, body, and brain

60 Count
Dietary Supplement
Patents Pending



Full disclosure label
(no hidden or inactive ingredients)

Directions: As a dietary supplement, take two (2) tabsules with meals or as directed by your health professional. **Best if taken with meals.** Alternative daily doses as follows:

Low stress, healthy 2-4 tabsules/day
Moderate stress, unwell 6-8 tabsules/day
High stress, training 10-12 tabsules/day

SUPPLEMENT FACTS

Serving size: 2 Tabsules
Servings per container: 30

Energized Nutrients

	Amount per serving	% Daily Value
Vitamin A (as beta-carotene)	2,500 IU	50%
Vitamin B-1 (as thiamine HCl)	50 mg	3,333%
Vitamin B-2 (as riboflavin 20 mg)	25 mg	1,470.5%
Vitamin B-3 (as niacin)	12.5 mg	62.5%
Vitamin B-3 (as niacinamide)	37.5 mg	187.5%
Vitamin B-5 (as calcium d-pantothenate)	50 mg	500%
Vitamin B-6 (as pyridoxine HCl, 80 mg)	100 mg	5,000%
Vitamin B-12 (as hydroxycobalamin)	100 mcg	1,666.5%
Folate (as calcium folinate)	100 mcg	50%
Biotin (as pure crystalline)	250 mcg	83%
Vitamin C (as 100% L-ascorbates, fully reduced and buffered)	75 mg	125%
Vitamin D-3 (as cholecalciferol)	200 IU	50%
Vitamin E (as mixed natural tocopherols and tocotrienols)**	100 IU	333.5%
Vitamin K-1 (as phyloquinone)	250 mcg	312.5%
Potassium (as citrate)	49.5 mg	1.5%
Calcium (as ascorbate, pantothenate, citrate, fumarate, malate and succinate)	25 mg	2.5%
Magnesium (as C16 and C18 alkyls†)	50 mg	12.5%
Zinc (as picolinate)	12.5 mg	83.5%
Chromium (as picolinate 50%, ascorbate 50%)	100 mcg	83.5%
Manganese (as ascorbate)	7.5 mg	375%
Molybdenum (as ascorbate)	50 mcg	66.5%
Selenium (as L-selenomethionine)	25 mcg	35.5%

(S)-5-Methyltetrahydrofolate (as Quatrefolic™)

PABA (para-aminobenzoic acid)

Vanadium (as ascorbate)

Boron (as ascorbate)

Quercetin dihydrate (water-soluble bioflavonoid)

L-Aspartic acid (as magnesium aspartate)

Trimethylglycine (betaine HCl)

Tocotrienols:

Tetraoctanol (polyicosanol)

Hexacosanol (polyicosanol)

Tetracosanol (polyicosanol)

Oxacosanol (polyicosanol)

Citrate

Fumarate

Malate

Succinate

Vegetable fiber (organic crosscellulose)

**Vitamin E is stated to reinforce the fact that PERQUE uses the alpha, beta, gamma, and delta forms of the natural tocopherols.

†From whole, untreated palm fruit and leaf

*Daily value not established by FDA

OTHER INGREDIENTS: NATURAL VANILLA FOR FRESHNESS