

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resist shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing.
WARNING: Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



Researched, uniquely formulated,
 & exclusively distributed by:
 PERQUE Integrative Health, USA

PERQUE

Life Guard™

Tabules without PABA
 or Folicin

40 essential nutrients
 protect heart, body, and brain

90 Count
 Dietary Supplement
 Patents Pending



Full disclosure label
 (no hidden or inactive ingredients)

Directions: As a dietary supplement, take three (3) tabsules with a meal or as directed by health professional. Alternative daily dosages to match your lifestyle are:

Weight 4 Tabsules daily
 Moderate 6 Tabsules daily
 Maximum 7 or 9 Tabsules daily

Each three (3) vegetable coated tabsules provide the following percentages of the U.S. Recommended Daily Allowance (U.S. RDA) for adults:

SUPPLEMENT FACTS

Serving size: 3 Tabsules
 Servings per container: 30

Energized Nutrients	Amount per serving:	% Daily Value
VITAMINS		
Vitamin A (beta-carotene)	5,000 IU	100%
Vitamin B-1 (thiamine HCl)	100 mg	6,666%
Vitamin B-2 (riboflavin, 80% & riboflavin 5-phosphate, 20%)	50 mg	2,941%
Vitamin B-3 (niacin)	25 mg	125%
Vitamin B-3 (niacinamide)	75 mg	375%
Vitamin B-6 (d-calcium pantothenate)	100 mg	1,000%
Vitamin B-6 (pyridoxine HCl, 80% & pyridoxal 5-phosphate, 20%)	200 mg	10,000%
Vitamin B-12 (hydroxocobalamin)	200 mcg	3,333%
Biotin (pure crystalline)	500 mcg	166%
Vitamin C (calcium ascorbate)	150 mg	250%
Vitamin D-3 (cholecalciferol)	400 IU	100%
Vitamin E (d-alpha-tocopherol succinate) plus beta, gamma & delta tocopherols	200 IU	667%
Octacosanol (spinach)	500 mcg	• • •
Vitamin K (phyloquinone)	500 mcg	• • •
Quercetin	100 mg	• • •
MINERALS		
Potassium (citrate)	99 mg	•
Calcium (ascorbate, pantothenate, citrate fumarate, malate, succinate, tartrate & malate & aspartate)	50 mg	5%
Magnesium (citrate, fumarate, malate, succinate, tartrate & aspartate)	100 mg	25%
Zinc (picolinate)	25 mg	167%
Boron (citrate)	2 mg	• • •
Chromium (picolinate 50%, ascorbate 50%)	200 mcg	• • •
Manganese (ascorbate)	15 mg	• • •
Molybdenum (ascorbate)	100 mcg	• • •
Selenium (l-selenomethionine)	50 mcg	• • •
Vanadium (ascorbate)	100 mcg	• • •
COFACTORS		
Aspartic acid (magnesium aspartate)	50 mg	• • •
Betaine HCl (beets)	50 mg	• • •
Tricantol	744 mcg	• • •
Hexacosanol	33 mcg	• • •
Tetracosanol	193 mcg	• • •
Citric acid (calcium & magnesium)	58 mg	• • •
Fumaric acid (calcium & magnesium)	58 mg	• • •
Malic acid (calcium & magnesium)	58 mg	• • •
Succinic acid (calcium & magnesium)	58 mg	• • •
Tartaric acid (calcium & magnesium)	60 mg	• • •