

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resist shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

Components in this product are derived from natural sources in a base of digestive enzymes (glutamic acid, betaine HCl, and papaya) with 100% whole cherry and 100% whole raspberry fruit extract. Sweetened with mannitol and Sucanat®.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



PERQUE Integrative Health, USA

Researched, uniquely formulated,
& exclusively distributed by:



PERQUE

Life Guard™ Chewables

24 Essential Nutrients for
Healthier Kids, Teens, and Elders

90 Count
Dietary Supplement
Patents Pending



Full disclosure label (no hidden or inactive ingredients)

Directions: As a dietary supplement, take one (1) chewable tablet daily or as directed by your health professional.

SUPPLEMENT FACTS

Serving size: 1 Chewable
Servings per container: 90

Energized Nutrients	Amount per serving	% Daily Value
Vitamin A (as beta-carotene).....	5,000 IU	100
Vitamin B-1 (as thiamine HCl).....	5 mg.	333
Vitamin B-2 (as riboflavin).....	5 mg.	294
Vitamin B-3 (as niacinamide).....	5 mg.	25
Vitamin B-5 (as calcium d-pantothenate).....	5 mg.	50
Vitamin B-6 (as pyridoxine).....	5 mg.	250
Vitamin B-12 (as hydroxocobalamin).....	5 mcg	83
Vitamin C (as 100% L-ascorbate, fully reduced, corn free).....	60 mg.	100
Vitamin D-3 (as 1,25 dihydroxycholecalciferol).....	200 IU	50
Vitamins E (from mixed natural tocopherols).....	30 IU	150
Folate (as calcium folinate).....	400 mcg	100
Calcium (as gluconate).....	50 mg.	5
Magnesium (as gluconate).....	25 mg.	6
Manganese (as gluconate).....	1 mg.	50
Zinc (as citrate and aspartate).....	5 mg.	33
Chromium (as picolinate and ascorbate)A.....	2 mcg	2
Selenium (as L-selenomethionine)A.....	2 mcg	3
Biotin (pure crystalline).....	60 mcg	*
Choline (citrate).....	2 mg.	*
Inositol.....	2 mg.	*
PABA (para-aminobenzoic acid).....	0.5 mg.	*
Quercetin dihydrate (water-soluble bioflavonoid).....	10 mg.	*
Potassium (as gluconate).....	2 mg.	*
Silica (from equisetum botanical).....	0.5 mcg	*
Magnesium (as C16 and C18 alkyls from whole, untreated palm fruit and leaf).....	30 mg.	*

* Daily value not established by FDA

AFrom Nutrition 21

Lot # and Expiration Date: