

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resist shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



Researched, uniquely formulated,
& exclusively distributed by:

PERQUE Integrative Health, USA

PERQUE

Life Guard™ Tabsules

40 Essential Nutrients Protects
Heart, Body, and Brain

60 Count
Dietary Supplement
Patents Pending



Full disclosure label (no hidden or inactive ingredients)
Directions: As a dietary supplement, take two (2) tabsules with meals or as directed by your health professional. **Best if taken with meals.** Alternative daily doses as follows:
Low stress, healthy 1-2 tabsules/day
Moderate stress, unwell 3-4 tabsules/day

SUPPLEMENT FACTS

Serving size: 2 Tabsules
Servings per container: 30

Energized Nutrients

	Amount per serving	% Daily Value
Vitamins:		
Vitamin A (beta-carotene).....	5,000 IU	100
Vitamin B-1 (thiamine HCl).....	100 mg	6,666
Vitamin B-2 (riboflavin 40 mg: riboflavin 5'-phosphate, 10 mg).....	50 mg	2,941
Vitamin B-3 (niacin).....	25 mg	125
Vitamin B-3 (niacinamide).....	75 mg	375
Vitamin B-5 (calcium d-pantothenate).....	100 mg	1,000
Vitamin B-6 (pyridoxine HCl, 160 mg: pyridoxal 5'-phosphate, 40 mg).....	200 mg	10,000
Vitamin B-12 (hydroxocobalamin).....	200 mcg	3,333
Folate (as calcium folinate).....	200 mcg	100
(6S)-5-Methyltetrahydrofolate (as Quatrefolic™).....	200 mcg	
PABA (para-aminobenzoic acid).....	30 mg	
Biotin (pure crystalline).....	500 mcg	166
Vitamin C (100% L-ascorbate, fully reduced, corn free).....	150 mg	250
Vitamin D-3 (cholecalciferol).....	400 IU	100
Vitamin E (from mixed natural tocopherols)**.....	200 IU	667
Vitamin K-1 (phyloquinone).....	500 mcg	625

Elemental Minerals:

Potassium (as citrate).....	99 mg	3
Calcium (as ascorbate, pantothenate, citrate, fumarate, malate and succinate).....	50 mg	5
Magnesium (as C 16 and C 18 alkyls).....	100 mg	25
Zinc (as picolinate).....	25 mg	167
Boron (as ascorbate).....	2 mg	
Chromium (as picolinate 50%, ascorbate 50%).....	200 mcg	167
Manganese (as ascorbate).....	15 mg	750
Molybdenum (as ascorbate).....	100 mcg	133
Selenium (as L-selenomethionine).....	50 mcg	71
Vanadium (as ascorbate).....	100 mcg	

Active Cofactors:

Quercetin dihydrate (water-soluble bioflavonoid).....	100 mg	
L-ascorbic acid (magnesium aspartate).....	50 mg	
Trimethylglycine (betaine HCl).....	50 mg	

Tocopherols:

Triacontanol (polyicosanol).....	774 mcg	
Hexacosanol (polyicosanol).....	33 mcg	
Tetracosanol (polyicosanol).....	193 mcg	
Octacosanol (polyicosanol).....	500 mcg	
Citrate.....	59 mg	
Fumarate.....	59 mg	
Malate.....	59 mg	
Succinate.....	59 mg	

Vegetable fiber (organic croscarmellose).
**Vitamin E is stated to reinforce the fact that PERQUE uses the alpha, beta, gamma, and delta forms of the natural tocopherols from whole, unfried palm fruit and leaf

*Daily value not established by FDA

OTHER INGREDIENTS: NATURAL VANILLA FOR FRESHNESS

Lot # and Expiration Date: