

swanson.com
or call 1-800-437-4148

- Maintains immune health
- Supports microbial balance
- Supports respiratory health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule one to two times per day with water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Black Cumin Seed

Immune Health

400 mg FULL SPECTRUM

HERBAL SUPPLEMENT | 60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Black Cumin	400 mg*
(Nigella sativa) (seed)	

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), calcium laurate.

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