

swanson.com
or call 1-800-437-4148

- Features molecularly distilled fish oil
- Lemon flavored
- Delivers 180 mg EPA plus 120 mg DHA

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel two times per day with water, during meals.

WARNING: Consult your healthcare provider before use if you are taking a blood-thinning medication. For adults only. Consult physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.
Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Omega-3 Fish Oil

Heart and Brain Health

LEMON FLAVOR

DIETARY SUPPLEMENT | 150 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

| Amount Per Serving | | % Daily Value |
|---|--------|---------------|
| Calories | 10 | |
| Total Fat | 1 g | 1% |
| Cholesterol | 5 mg | 2% |
| Omega-3 Fish Oil 18/12 (GMO free) (anchovy, sardine) | 1 g | * |
| EPA (eicosapentaenoic acid) | 180 mg | * |
| DHA (docosahexaenoic acid) | 120 mg | * |

Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water, natural lemon oil, mixed tocopherols (vitamin E).

Contains fish (anchovy, sardine), soy.

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