

swanson.com
or call 1-800-437-4148

- Supports joint integrity, movement and flexibility
- Helps protect cartilage
- Maintains healthy connective tissue

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one tablet three times per day with food and water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

Glucosamine, Chondroitin & MSM

Joint Health and Mobility

HIGHER STRENGTH 3-IN-1 FORMULA

DIETARY SUPPLEMENT | 240 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

Glucosamine Sulfate 2KCl (from shellfish)	500 mg*
Chondroitin Sulfate USP	400 mg*
MSM (methylsulfonylmethane)	200 mg*

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), croscarmellose sodium, crospovidone, hydroxypropyl cellulose, hydroxypropyl methylcellulose, calcium palmitate, silica, glycerin.

Contains shellfish (shrimp).

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