

**swanson.com**  
or call 1-800-437-4148

- Boosts immune system function and antioxidant reserve
- Buffered with minerals to prevent potential stomach upset
- Helps combat free radical damage

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one tablet per day with water or as recommended by your healthcare provider.

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**SWANSON®**

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**BUFFERED VITAMIN C WITH BIOFLAVONOIDs**  
**Immune Health**

**GENTLE ON THE STOMACH**

VITAMIN SUPPLEMENT | 250 TABLETS

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin C USP 1,000 mg (from calcium ascorbate)	1,111%
Calcium 120 mg (from calcium ascorbate)	9%
Bioflavonoids 200 mg [from citrus bioflavonoids (Citrus aurantium) (skin)]	*

\*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, croscarmellose sodium, magnesium stearate, hydroxypropyl methylcellulose, silica, pharmaceutical glaze.

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