

swanson.com
or call 1-800-437-4148

- Supports a healthy, natural response to daily stress
 - Supports nervous system health
 - Promotes a feeling of calmness and relaxation
- Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule two to three times per day with water on an empty stomach.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Free-Form Lysine

Stress Support

500 mg

DIETARY SUPPLEMENT | 300 CAPSULES

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Serving	
L-Lysine (from L-lysine HCl)	500 mg*
*Daily Value not established.	

Other ingredients: Rice flour, gelatin, magnesium stearate.

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