

Nutritional Support for Healthy Blood*

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, three softgels daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ for **NATURE'S PLUS**
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Division of Natural Organics, Inc.

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PRODUCT NO. 37691



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Natures Plus®

HEMA-PLEX®

Softgels

Iron with
Synergistic Cofactors for
**TOTAL BLOOD
HEALTH**

- 85 mg Elemental **Iron**
- Mild and Gentle
- Gluten Free

60 FAST-ACTING SOFTGELS | Dietary Supplement

Supplement Facts

Serving Size 3 Softgels

Servings Per Container 20

Amount Per Serving		% DV
Calories	12	
Calories from Fat	9	
Total Fat	1 g	<1%**
Vitamin C (Proprietary Esterified Complex – as ascorbyl palmitate, ascorbic acid, magnesium ascorbate, potassium ascorbate, zinc ascorbate)	300 mg	500%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg	1667%
Riboflavin (vitamin B2)	25 mg	1470%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	1000 mcg	16,667%
Pantothenic Acid (as calcium pantothenate)	25 mg	250%
Calcium (as amino acid chelate/complex)	25 mg	3%
Iron (as ferrous bisglycinate chelate)	85 mg	472%
Zinc (as monomethionine)	5 mg	33%
Selenium (as amino acid complex)	10 mcg	14%
Copper (as amino acid chelate)	2 mg	100%
Manganese (as amino acid chelate/complex)	5 mg	250%

L-Cysteine (free form amino acid)	50 mg	†
Proanthoplex (Proprietary Proanthocyanidin/ Bioflavonoid Complex: Lemon Bioflavonoids, Bilberry, Blackberry, Green Tea, Black & Red Raspberry)‡	25 mg	†
Beet (Beta vulgaris)	15 mg	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established. ‡See website for details.

Other ingredients: Sunflower oil, gelatin, glycerin, beeswax, lecithin, purified water, natural color, chlorophyll, spinach (*Spinacia oleracea* leaf), broccoli (*Brassica oleracea* floret), shattered cell wall chlorella and spirulina.