

DYMATIZE[®]
NUTRITION

ELITE FUSION-7

Scientifically Engineered
7-Protein Blend

Sustained Release Protein
100% AjiPure[®] BCAAs
Lean Muscle Formula
Incredible Taste

VANILLA ICE CREAM



NATURALLY & ARTIFICIALLY FLAVORED

NET WT 2.91 LBS (1,320g)



Nutrition Facts

Serving Size: 1 Rounded Scoop (44g)
Servings Per Container: 30

Amount per Serving

Calories 190

Calories from Fat 50

% Daily Value*

Total Fat 6g 9%

Saturated Fat 2g 9%

Trans Fat 0g

Cholesterol 25mg 7%

Sodium 180mg 8%

Potassium 160mg 5%

Total Carbohydrate 11g 4%

Dietary Fiber 5g 20%

Sugar 1g

Protein 23g 46%

Vitamin A 35% • Vitamin C 60%

Calcium 25% • Iron 2%

Vitamin D 35% Biotin 35%

Vitamin E 45% Pantothenic Acid 35%

Vitamin B2 25% Phosphorus 8%

Vitamin B3 35% Zinc 35%

Vitamin B6 35% Chromium 35%

Folate 25%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	65g	80g
Saturated Fat	20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

DIRECTIONS

Recommended Use for Males: Take 1-2 scoops (equaling approx. 23-46 grams of protein) with 4-5 oz. of cold water or any beverage of your choice. Use approximately 4-5 oz. of liquid per 1 scoop of powder. To achieve your desired flavor and consistency, vary the amount of liquid. In addition, for a thicker shake replace some of the liquid with ice. Drink 1-2 servings daily, or as needed to help satisfy your protein requirements. To increase your protein intake per serving, mix with non-fat or low fat milk.

Recommended Use for Females: Take 1 scoop (equaling approx. 23 grams of protein) with 4-5 oz. of cold water or liquid of your choice. To achieve your desired flavor and consistency, vary the amount of liquid. In addition, for a thicker shake replace some of the liquid with ice. Drink 1-2 servings daily, or as needed to help satisfy your protein requirements. To increase your protein intake per serving, mix with non-fat or low fat milk.

Valeur nutritive pour dose (44g/100g) / Información nutricional por ración (44g/100g)
Voedingswaarde per dosering (44g/100g) / Nährwertinformation pro dosierung (44g/100g) / Valori Nutrizionali per dose (44g/100g)

	44g	100g
Valeur énergétique/Caloría/Calorie/Brennwert/Calorie	795kJ/190kcal	1807kJ/432kcal
Protéines/Proteínas/Envierten/Eiweiß/Proteine	23 gram	52 gram
Glucides/Carboidratos/Koolhydraten/Kohlenhydrate/Carboidrat	11 gram	25 gram
Matières Grasses/Grasa/Vetten/Fett/Grassi	6 gram	13.6 gram

* FiberSol[®]-2 is a registered trademark of Matsutani Chemical Industry Co., Ltd.
* Zytix[®] is a registered trademark of Custom Nutritional Laboratories.



FUSION-7[™] uses only
100% Pure Pharmaceutical Grade
AjiPure[®] Glutamine & BCAAs
AjiPure[®] is a registered trademark of AjiPure AminoScience LLC

MANUFACTURED FREE OF BANNED SUBSTANCES
IN A NSF GMP FOR SPORT-REGISTERED FACILITY



BUILDING BETTER BODIES[®]
DYMATIZE.COM

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MANUFACTURED IN THE USA • REC APPROVED • DYMATIZE ENTERPRISES, INC. • PLANT# 3005816913

INGREDIENTS: ELITE FUSION-7 Protein Matrix: (Whey Protein Concentrate and Whey Protein Isolate, Complete Milk Protein, Calcium Caseinate, Micellar Casein, Milk Protein Isolate and Egg Albumin, BCAA Blend (L-Leucine, L-Isoleucine and L-Valine), Glutamine, Quic Creamer: (Soybean Oil, Corn Syrup Solids, Sodium Caseinate, Mono- & Diglycerides, Dipotassium Phosphate, Sodium Silico Aluminate), ELITE FUSION-7 Fiber Compound: (Arabic Gum, Xanthan Gum, Cellulose Gum and FiberSol[®]-2), Natural & Artificial Flavors, ELITE FUSION-7 Liposorb Blend: (Sunflower Oil, MCT Oil (Medium Chain Triglycerides) and CLA - Conjugated Linoleic Acid), Zytix[®] Digestive Enzyme Matrix (Protease, Lipase and Lactase), Salt, ELITE FUSION-7 Vitamin and Mineral Blend: (Vitamin A (as Palmitate), Ascorbic Acid, Vitamin D (Cholecalciferol), Vitamin E (dl-alpha Tocopheryl Acetate), Riboflavin, Niacinamide, Pyridoxine HCL, Folic Acid, Biotin, Pantothenic Acid, Zinc Oxide, Chromium Chloride), Acesulfame Potassium, Sucralose. Contains Milk, Egg & Soy. †Soy oil is genetically modified.

ELITE FUSION-7 is designed to be the most delicious, highly effective, sustained-release protein supplement on the market today. FUSION-7 makes it easier than ever to consume the right amount of protein and perfect combination of protein sources needed to capitalize on lean muscle development and recovery! FUSION-7 is perfect for fueling the body with high quality protein throughout the day helping you feel satisfied and energized. Drink FUSION-7 either as a convenient meal replacement, protein-enhanced snack between meals, or an after workout shake to help aid in recovery.

The Dymatize Nutrition Research and Development Team has taken into account many factors in the design of this comprehensive high-quality protein. The optimal protein source is actually a FUSION of different protein sources, which is why FUSION-7 consists of a unique blend of 7 superior protein sources. In addition to the incredible, cutting edge 7-source Protein blend found in FUSION-7, a full 5 grams of fiber have been added to each serving. Fiber is a necessary component of a healthy diet and our exclusive combination of soluble and insoluble fiber help give FUSION-7 its delectable and smooth "milkshake" texture with the added benefit of acting as a natural aid for slower digestion, enhancing nutrient uptake and utilization by the body.

According to the standards listed below, Whey protein has the highest BV of any natural protein source and the highest rating of PDCAAS, which is why it forms the foundation of the FUSION-7. In blending with Casein, Milk Protein, Egg Protein and other top rated performers, Dymatize can enhance Whey protein's effectiveness over a sustained period of time. This FUSION of protein sources also includes essential Branch Chain Amino Acids (BCAAs) and other Free Form Amino Acids along with the addition of a comprehensive list of vitamins and minerals needed for a healthy, balanced diet.

1. Rate of Absorption (RA): the rate at which different protein source releases its amino acids into the bloodstream.
2. Protein Digestibility Correct Amino Acid Score (PDCAAS): a "best method" evaluation used by the FDA and FAO/WHO, which uses nitrogen absorption and amino acid profile to rate quality.
3. Amino Acid Profile: each protein source has its own unique amino acid profile.
4. Biological Value (BV): derived from the amount of Nitrogen absorbed over the amount of Nitrogen incorporated into the body. Helps determine the amount of protein absorbed from different protein sources.
5. Net Protein Utilization (NPU): used to determine the ideal amount of essential amino acids.
6. Protein Efficiency Ratio (PER): similar to PDCAAS.

FUSION-7 is the future of
sustained-release protein technology.
Start and end your day with the power of 7!

TYPICAL Amino ACID PROFILE PER 100 GRAMS OF PROTEIN

ESSENTIAL AMINO ACIDS		BCAA
	Isoleucine	6,053 mg
	Leucine	10,221 mg
	Lysine	9,911 mg
	Methionine	2,082 mg
	Phenylalanine	3,150 mg
	Threonine	6,312 mg
	Tryptophan [#]	1,643 mg
	Valine	5,734 mg
NON-ESSENTIAL AMINO ACIDS		BCAA
	Alanine	4,875 mg
	Arginine	2,431 mg
	Aspartic Acid	10,251 mg
	Cystine	2,610 mg
	Glutamine & Precursors	17,168 mg
	Glycine	1,691 mg
	Histidine	1,732 mg
	Proline	6,121 mg
	Serine	5,011 mg
	Tyrosine	3,241 mg

[#] Naturally occurring. Not added or manufactured.

