

DIRECTIONS: Take 1 serving (4 Liquid Glycerin Capsules) of DILATE approximately 30 minutes before your workout. Take DILATE only on days you actively workout. Drink an extra 24-36 ounces of water on the days you use DILATE. Read entire label before use.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Do not use if you have high blood pressure or heart problems, or are contemplating becoming pregnant. Discontinue use and call a medical doctor if you experience unusual symptoms. Consult a medical doctor before use if you have been treated for, or diagnosed with any medical condition, or if you are using any prescription or over-the-counter drug(s). Consult a medical doctor before starting any diet or exercise program. Do not exceed recommended serving. Improper use of this product will not improve results and is not advised. Use only as directed. **KEEP OUT OF REACH OF CHILDREN.**

MADE IN THE
USA



Do not use if packaging has been tampered with. Store in a cool dry place.



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ansperformance.com



▲These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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ANS
PERFORMANCE™

DILATE™

MULTI-PATH **N.O.** GENERATOR▲

THE ULTIMATE EXPERIENCE:
BOOST PERFORMANCE & VASCULARITY▲
AMPLIFY PLASMA & CELL VOLUME▲

CITRULLINE • NO₃ NITRATE • QUERCETIN

RAPID
LIQUID GLYCERIN
DELIVERY

100 CAPSULES
DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 4 Liquid Glycerin Capsules
Servings Per Container: 25

Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid) 100mg	167%
Vitamin B ₁ (as thiamine hydrochloride) 25mg	1667%
Vitamin B ₃ (as nicotinic acid) 50mg	333%
Vitamin B ₆ (as pyridoxine hydrochloride) 12.5mg	625%
Vitamin B ₉ (as folic acid) 400mcg	100%
Vitamin B ₁₂ (as cyanocobalamin) 50mcg	833%
NITRO-VOLUMIZING Complex 3776mg †	
Glycerin (pharmaceutical grade) 2000mg	†
L-citrulline malate 1500mg	†
Quercetin anhydrous 200mg	†
Beta vulgaris extract [supplying natural nitrate (root)] 50mg	†
Pausinystalia yohimbe extract (yohimbe bark, 8% alkaloids) 25mg	†
Vinpocetine 500mcg	†

† Daily Values not established.

OTHER INGREDIENTS: Capsule (hypromellose, titanium dioxide, FD&C Yellow No. 5, FD&C Yellow No. 6), glycerin, water.