



Advanced Digestive
Enzyme Matrix

DYMATIZE
NUTRITION

ELITE FUSION 7

Scientifically Engineered
7-Protein Blend



Sustained Release Protein
Lean Muscle Formula
Incredible Taste

COOKIES & CREAM

NATURALLY & ARTIFICIALLY FLAVORED

NET WT. 2.91 LBS (1,320g)

Nutrition Facts

Serving Size: 1 Rounded Scoop (44g)
Servings Per Container: 30

Amount per Serving: % DV*

Calories 190
Calories from Fat 50

Total Fat	6g	9%
Saturated Fat	2g	9%
Cholesterol	25mg	7%
Sodium	180mg	8%
Potassium	160mg	5%
Total Carbohydrate	11g	4%
Dietary Fiber	5g	20%
Sugar	1g	
Protein	23g	46%

Vitamin A	1050 IU	35%
Vitamin C	36 mg	60%
Vitamin D	140 IU	35%
Vitamin E	14 IU	45%
Vitamin B2	425 mcg	25%
Vitamin B3	7 mg	35%
Vitamin B6	700 mcg	35%
Folate	94 mcg	25%
Biotin	105 mcg	35%
Pantothenic Acid	350 mcg	35%
Calcium	250 mg	25%
Iron	350 mcg	2%
Phosphorus	80 mg	8%
Zinc	5 mg	35%
Chromium	45 mcg	35%

*Percent (DV) Daily Values are based on a 2,000 calorie diet.

ELITE FUSION 7 Protein Matrix: (Whey Protein Concentrate and Whey Protein Isolate, Complete Milk Protein, Calcium Caseinate, Micellar Casein, Milk Protein Isolate and Egg Albumin, BCAA Blend (L-Leucine, L-Isoleucine and L-Valine), Glutamine Peptides), Non Dairy Creamer: (Soybean Oil, Corn Syrup Solids, Sodium Caseinate, Mono- & Diglycerides, Dipotassium Phosphate, Sodium Silico Aluminate), **ELITE FUSION 7 Fiber Compound:** (Arabic Gum, Xanthan Gum, Cellulose Gum and Fibersol®-2*), Cookie Pieces, Natural & Artificial Flavors, **ELITE FUSION 7 Liposorb Blend:** (Sunflower Oil, MCT Oil (Medium Chain Triglycerides) and CLA - Conjugated Linoleic Acid), Zytix® Digestive Enzyme Matrix (Protease, Lipase and Lactase), Salt, **ELITE FUSION 7 Vitamin and Mineral Blend:** (Vitamin A (as Palmitate), Ascorbic Acid, Vitamin D (Cholecalciferol), Vitamin E (d-alpha Tocopherol Acetate), Riboflavin, Niacinamide, Pyridoxine HCL, Folic Acid, Biotin, Pantothenic Acid, Zinc Oxide, Chromium Chloride), Acesulfame Potassium, Sucralose.

*Fibersol®-2 is a registered trademark of Matsutani Chemical Industry Co., Ltd.
*Zytix® is a registered trademark of Custom Nutritional Laboratories.

DIRECTIONS:

Recommended Use for Males: Take 1-2 scoops (equaling approx. 23-46 grams of protein) with 4-5 oz. to 8-10 oz. of cold water or any beverage of your choice. Use approximately 4-5 oz. of liquid per 1 scoop of powder. To achieve your desired flavor and consistency, vary the amount of liquid. In addition, for a thicker shake replace some of the liquid with ice. Drink 1-4 servings daily, or as needed to help satisfy your protein requirements. To increase your protein intake per serving, mix with non-fat or low fat milk.

ELITE FUSION 7 is designed to be the most delicious, highly effective, sustained-release protein supplement on the market today. **ELITE FUSION 7** makes it easier than ever to consume the right amount of protein and perfect combination of protein sources needed to capitalize on lean muscle development and recovery! **ELITE FUSION 7** is perfect for fueling the body with high quality protein throughout the day helping you feel satisfied and energized. Drink **ELITE FUSION 7** either as a convenient meal replacement, protein-enhanced snack between meals, or an after workout shake to help aid in recovery.

The Dymatize Nutrition Research and Development Team has taken into account many factors in the design of this comprehensive high-quality protein. The optimal protein source is actually a FUSION of different protein sources, which is why **ELITE FUSION 7** consists of a unique blend of 7 superior protein sources. In addition to the incredible, cutting edge 7-source Protein blend found in **ELITE FUSION 7**, a full 5 grams of fiber have been added to each serving. Fiber is a necessary component of a healthy diet and our exclusive combination of soluble and insoluble fiber help give **ELITE FUSION 7** its delectable and smooth "milkshake" texture with the added benefit of acting as a natural aid for slower digestion, enhancing nutrient uptake and utilization by the body.

Recommended Use for Females: Take 1 scoop (equaling approx. 23 grams of protein) with 4-5 oz. of cold water or liquid of your choice. To achieve your desired flavor and consistency, vary the amount of liquid. In addition, for a thicker shake replace some of the liquid with ice. Drink 1-3 servings daily, or as needed to help satisfy your protein requirements. To increase your protein intake per serving, mix with non-fat or low fat milk.

According to the standards listed below, Whey protein has the highest BV of any natural protein source and the highest rating of PDCAAS, which is why it forms the foundation of the **ELITE FUSION 7**. In blending with Casein, Milk Protein, Egg Protein and other top rated performers, Dymatize can enhance Whey protein's effectiveness over a sustained period of time. This FUSION of protein sources also includes essential Branch Chain Amino Acids (BCAAs) and other Free Form Amino Acids along with the addition of a comprehensive list of vitamins and minerals needed for a healthy, balanced diet.

1. Rate of Absorption (RA): the rate at which different protein source releases its amino acids into the bloodstream.
2. Protein Digestibility Correct Amino Acid Score (PDCAAS): a "best method" evaluation used by the FDA and FAO/WHO, which uses nitrogen absorption and amino acid profile to rate quality.
3. Amino Acid Profile: each protein source has its own unique amino acid profile.
4. Biological Value (BV): derived from the amount of Nitrogen absorbed over the amount of Nitrogen incorporated into the body. Helps determine the amount of protein absorbed from different protein sources.
5. Net Protein Utilization (NPU): used to determine the ideal amount of essential amino acids.
6. Protein Efficiency Ratio (PER): similar to PDCAAS.

ELITE FUSION 7 is the future of sustained-release protein technology. Start and end your day with the power of 7!

Valeur nutritive pour dose (44g/100g) / Información nutricional por ración (44g/100g) / Voedingsswaarde per dosering (44g/100g) / Nährwertinformation pro dosierung (44g/100g)
Valeur Nutritionnelle per dose (44g/100g)
44g 100g
Valeur énergétique/Calories/Calorien/Energie/Calorie 796kJ/190kcal 1807kJ/432kcal
Protéines/Proteínas/Proteïnen/Proteine/Proteins 23 gram 25 gram
Glucides/Carbohidratos/Koolhydraten/Kohlenhydrate/Carboidrati 11 gram 25 gram
Matières Grasses/Grasa/Vetten/Fett/Grassi 6 gram 13.6 gram

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Elite Fusion 7 uses only
100% Pure Pharmaceutical Grade
AjiPure® Glutamine & BCAAs

AjiPure® is a registered trademark of Ajinomoto Americas LLC.

ALLERGEN WARNING:
Manufactured in a plant which processes products containing milk, eggs, soybeans, wheat, tree nuts and peanut flavor.

MANUFACTURED IN THE USA
100% PURE PHARMACEUTICAL GRADE
AjiPure® Glutamine & BCAAs
PLANT# 3005816913

TYPICAL AMINO ACID PROFILE PER 100 GRAMS OF PROTEIN

ESSENTIAL AMINO ACIDS		Isoleucine 6,053 mg	BCAA
		Leucine 10,221 mg	BCAA
		Lysine 9,911 mg	
		Methionine 2,082 mg	
NON-ESSENTIAL AMINO ACIDS		Phenylalanine 3,150 mg	
		Threonine 6,312 mg	
		Tryptophan# 1,643 mg	
		Valine 5,734 mg	BCAA
		Alanine 4,875 mg	
		Arginine 2,431 mg	
		Aspartic Acid 10,251 mg	
		Cystine 2,610 mg	
		Glutamine & Precursors 17,169 mg	
		Glycine 1,691 mg	
		Histidine 1,732 mg	
		Proline 6,121 mg	
		Serine 5,011 mg	
		Tyrosine 3,241 mg	

Naturally occurring. Not added or manufactured.

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