

PERQUE

Bone GuardTM Forté 20 Tabsules

Enhances Bone Health

240 Count
Dietary Supplement
Patents Pending



Full disclosure label
(no hidden or inactive ingredients)

Directions: As a dietary supplement, take four (4) tabsules daily in divided doses with meals or as directed by your health professional.

Typical Dosage

Healthy bone maintenance.....2-4 tabsules/day
Family or personal osteoporosis risk.....4-6 tabsules/day
Repair or known osteoporosis.....6-8 tabsules/day

SUPPLEMENT FACTS

Serving size: 2 Tabsules
Servings per container: 120

20 Energized, bone-building Elemental Minerals and Nutrients**	Amount per tabsule	%Daily Value
Vitamin C (100% L-ascorbate, fully reduced, corn free)	200 mg.	330%
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin K-1 (as phylloquinone)	750 mcg	937%
Vitamin K-2	250 mcg	312%
Biotin	250 mcg	83%
Calcium (as acetate, glycinate, succinate, malate, fumarate, and citrate)	500 mg.	50%
Magnesium (as acetate, glycinate, succinate, malate, fumarate, and citrate)	500 mg.	125%
Zinc (as citrate)	10 mg.	100%
Manganese (as citrate)	15 mg.	750%
Chromium (as citrate)	250 mcg	208%
Selenium (as 100% L-selenomethionine)	250 mcg	357%
Copper (as sebecate)	1 mg.	50%
Iodine	3 mg.	2000%
Iodide (as potassium iodide)	150 mcg	100%
Boron (as citrate)	6 mg.	*
Germanium sesquioxide	4 mg.	*
Vanadium (as ascorbate)	250 mcg	*
Silica (from magnesium trisilicate from horse tail/equisetum)	10 mg.	*
Strontium (as gluconate)	50 mg.	*
Vegetable fiber (organic croscarmellose)	400 mg.	*

**All forms of the above minerals and nutrients are used in clinical bone studies with proven results.

*Daily value not established by FDA



KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resist shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



Researched, uniquely formulated,
& exclusively distributed by:
PERQUE Integrative Health, USA



Lot # and Expiration Date: