

**DYMATIZE**  
NUTRITION



# ELITE FUSION 7

Scientifically Engineered  
7-Protein Blend

Sustained Release Protein  
Lean Muscle Formula  
Incredible Taste

**STRAWBERRY SHAKE**

NATURALLY & ARTIFICIALLY FLAVORED

NET WT 5.15 LBS (2,336g)

## Nutrition Facts

Serving Size: 1 Rounded Scoop (44g)

Servings Per Container: 53+

Amount per Serving:

**Calories 190**

Calories from Fat 50

|                           |         | % DV * |
|---------------------------|---------|--------|
| <b>Total Fat</b>          | 6g      | 9%     |
| Saturated Fat             | 2g      | 9%     |
| <b>Cholesterol</b>        | 25mg    | 7%     |
| <b>Sodium</b>             | 180mg   | 8%     |
| <b>Potassium</b>          | 160mg   | 5%     |
| <b>Total Carbohydrate</b> | 11g     | 4%     |
| Dietary Fiber             | 5g      | 20%    |
| Sugar                     | 1g      |        |
| <b>Protein</b>            | 23g     | 46%    |
| <b>Vitamin A</b>          | 1050 IU | 35%    |
| <b>Vitamin C</b>          | 36 mg   | 60%    |
| <b>Vitamin D</b>          | 140 IU  | 35%    |
| <b>Vitamin E</b>          | 14 IU   | 45%    |
| <b>Vitamin B2</b>         | 425 mcg | 25%    |
| <b>Vitamin B3</b>         | 7 mg    | 35%    |
| <b>Vitamin B6</b>         | 700 mcg | 35%    |
| <b>Folate</b>             | 94 mcg  | 25%    |
| <b>Biotin</b>             | 105 mcg | 35%    |
| <b>Pantothenic Acid</b>   | 350 mcg | 35%    |
| <b>Calcium</b>            | 250 mg  | 25%    |
| <b>Iron</b>               | 350 mcg | 2%     |
| <b>Phosphorus</b>         | 80 mg   | 8%     |
| <b>Zinc</b>               | 5 mg    | 35%    |
| <b>Chromium</b>           | 45 mcg  | 35%    |

\* Percent (DV) Daily Values are based on a 2,000 calorie diet.

**ELITE FUSION 7 Protein Matrix:** (Whey Protein Concentrate and Whey Protein Isolate, Complete Milk Protein, Calcium Caseinate, Micellar Casein, Milk Protein Isolate and Egg Albumin, BCAA Blend (L-Leucine, L-Isoleucine and L-Valine), Glutamine), Quic Creamer: (Soybean Oil, Corn Syrup Solids, Sodium Caseinate, Mono- & Diglycerides, Dipotassium Phosphate, Sodium Silico Aluminate). **ELITE FUSION 7 Fiber Compound:** (Arabic Gum, Xanthan Gum, Cellulose Gum and Fibersol®-2), Natural & Artificial Flavors, **ELITE FUSION 7 Liposorb Blend:** (Sunflower Oil, MCT Oil (Medium Chain Triglycerides) and CLA - Conjugated Linoleic Acid), Zytrix® Digestive Enzyme Matrix (Protease, Lipase and Lactase), Salt, **ELITE FUSION 7 Vitamin and Mineral Blend:** (Vitamin A (as Palmitate), Ascorbic Acid, Vitamin D (Cholecalciferol), Vitamin E (dl-alpha Tocopheryl Acetate), Riboflavin, Niacinamide, Pyridoxine HCL, Folic Acid, Biotin, Pantothenic Acid, Zinc Oxide, Chromium Chloride), Acesulfame Potassium, Sucralose. **ALLERGEN WARNING:** Contains Ingredients from Milk, Egg and Soy.

## DIRECTIONS:

### Recommended Use for Males:

Take 1-2 scoops (equaling approx. 23-46 grams of protein) with 4-5 oz. to 8-10 oz. of cold water or any beverage of your choice. Use approximately 4-5 oz. of liquid per 1 scoop of powder. To achieve your desired flavor and consistency, vary the amount of liquid. In addition, for a thicker shake replace some of the liquid with ice. Drink 1-2 servings daily, or as needed to help satisfy your protein requirements. To increase your protein intake per serving, mix with non-fat or low fat milk.

**ELITE FUSION 7** is designed to be the most delicious, highly effective, sustained-release protein supplement on the market today. **ELITE FUSION 7** makes it easier than ever to consume the right amount of protein and perfect combination of protein sources needed to capitalize on lean muscle development and recovery! **ELITE FUSION 7** is perfect for fueling the body with high quality protein throughout the day helping you feel satisfied and energized. Drink **ELITE FUSION 7** either as a convenient meal replacement, protein-enhanced snack between meals, or an after workout shake to help aid in recovery.

The Dymatize Nutrition Research and Development Team has taken into account many factors in the design of this comprehensive high-quality protein. The optimal protein source is actually a FUSION of different protein sources, which is why **ELITE FUSION 7** consists of a unique blend of 7 superior protein sources. In addition to the incredible, cutting edge 7-source Protein blend found in **ELITE FUSION 7**, a full 5 grams of fiber have been added to each serving. Fiber is a necessary component of a healthy diet and our exclusive combination of soluble and insoluble fiber help give **ELITE FUSION 7** its delectable and smooth "milkshake" texture with the added benefit of acting as a natural aid for slower digestion, enhancing nutrient uptake and utilization by the body.

Valeur nutritive pour dose (44g/100g) / Información nutricional por ración (44g/100g) / Voedingswaarde per dosering (44g/100g) / Nährwertinformation pro dosierung (44g/100g) / Valori Nutrizionali per dose (44g/100g)

|                                                               |               |                |
|---------------------------------------------------------------|---------------|----------------|
|                                                               | 44g           | 100g           |
| Valeur énergétique/Caloria/Calorieën/Brennwert/Calorie        | 795kJ/190kcal | 1807kJ/432kcal |
| Protéines/Proteínas/Eiwitten/Eiweiß/Proteine                  | 23 gram       | 52 gram        |
| Glucides/Carbohidratos/Koolhydraten/Kohlenhydrate/Carboidrati | 11 gram       | 25 gram        |
| Matières Grasses/Grasa/Vetten/Fett/Grassi                     | 6 gram        | 13.6 gram      |

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DYMATIZE.COM

Manufactured & Distributed by:  
**Dymatize Enterprises Inc.**  
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(888) 334-LEAN / (972) 732-1990



### Recommended Use for Females:

Take 1 scoop (equaling approx. 23 grams of protein) with 4-5 oz. of cold water or liquid of your choice. To achieve your desired flavor and consistency, vary the amount of liquid. In addition, for a thicker shake replace some of the liquid with ice. Drink 1-2 servings daily, or as needed to help satisfy your protein requirements. To increase your protein intake per serving, mix with non-fat or low fat milk.

According to the standards listed below, Whey protein has the highest BV of any natural protein source and the highest rating of PDCAAS, which is why it forms the foundation of the **ELITE FUSION 7**. In blending with Casein, Milk Protein, Egg Protein and other top rated performers, Dymatize can enhance Whey protein's effectiveness over a sustained period of time. This FUSION of protein sources also includes essential Branch Chain Amino Acids (BCAAs) and other Free Form Amino Acids along with the addition of a comprehensive list of vitamins and minerals needed for a healthy, balanced diet.

1. Rate of Absorption (RA): the rate at which different protein source releases its amino acids into the bloodstream.
2. Protein Digestibility Correct Amino Acid Score (PDCAAS): a "best method" evaluation used by the FDA and FAO/WHO, which uses nitrogen absorption and amino acid profile to rate quality.
3. Amino Acid Profile: each protein source has its own unique amino acid profile.
4. Biological Value (BV): derived from the amount of Nitrogen absorbed over the amount of Nitrogen incorporated into the body. Helps determine the amount of protein absorbed from different protein sources.
5. Net Protein Utilization (NPU): used to determine the ideal amount of essential amino acids.
6. Protein Efficiency Ratio (PER): similar to PDCAAS.

**ELITE FUSION 7 is the future of sustained-release protein technology. Start and end your day with the power of 7!**



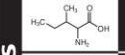
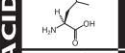
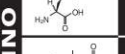
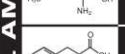
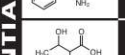
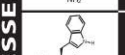
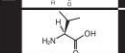
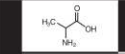
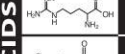
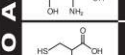
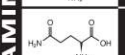
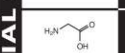
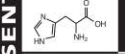
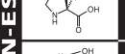
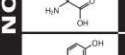
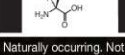
Elite Fusion 7 uses only  
**100% Pure Pharmaceutical Grade**  
**AjiPure® Glutamine & BCAAs**

AjiPure® is a registered trademark of Ajinomoto AminoScience LLC.

✓ Fibersol®-2 is a registered trademark of Matsutani Chemical Industry Co., Ltd.  
♦ Zytrix® is a registered trademark of Custom Nutriceutical Laboratories.

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PLANT# 3003816913

## TYPICAL AMINO ACID PROFILE PER 100 GRAMS OF PROTEIN

|                           |                                                                                       |                        |           |      |
|---------------------------|---------------------------------------------------------------------------------------|------------------------|-----------|------|
| ESSENTIAL AMINO ACIDS     |    | Isoleucine             | 6,053 mg  | BCAA |
|                           |    | Leucine                | 10,221 mg | BCAA |
|                           |    | Lysine                 | 9,911 mg  |      |
|                           |    | Methionine             | 2,082 mg  |      |
|                           |    | Phenylalanine          | 3,150 mg  |      |
|                           |    | Threonine              | 6,312 mg  |      |
|                           |    | Tryptophan#            | 1,643 mg  |      |
|                           |    | Valine                 | 5,734 mg  | BCAA |
|                           |    | Alanine                | 4,875 mg  |      |
|                           |    | Arginine               | 2,431 mg  |      |
| NON-ESSENTIAL AMINO ACIDS |    | Aspartic Acid          | 10,251 mg |      |
|                           |    | Cystine                | 2,610 mg  |      |
|                           |    | Glutamine & Precursors | 17,169 mg |      |
|                           |   | Glycine                | 1,691 mg  |      |
|                           |  | Histidine              | 1,732 mg  |      |
|                           |  | Proline                | 6,121 mg  |      |
|                           |  | Serine                 | 5,011 mg  |      |
|                           |  | Tyrosine               | 3,241 mg  |      |
|                           |                                                                                       |                        |           |      |
|                           |                                                                                       |                        |           |      |

# Naturally occurring. Not added or manufactured.

8554

