

DYMATIZE[®]

NUTRITION

DYMATIZE SUPER MASS GAINER is a highly concentrated formula. Our glutamine rich protein provides you with the necessary **Proprietary Amino Acid Blend** to help with rapid recovery and maximum growth. Our comprehensive blend uses **Zytrix[®]** technology. A digestive enzyme formula that will allow you to take in maximum calories and maximum protein while avoiding digestive distress.*

Suggested Use: As a dietary supplement, add 2 scoops of Dymatize Super Mass Gainer to 24 oz. of cold water or milk. Mix thoroughly.

Dymatize Super Mass Gainer is highly concentrated, and due to its potency you may want to consider using 1/2 serving two or three times throughout the day.

For the ultimate in maximum weight gain, take **Dymatize Super Mass Gainer** daily.*

Consult with a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating. Use only as directed. KEEP OUT OF THE REACH OF CHILDREN

F) Conseils d'utilisation : En tant que complément alimentaire, ajoutez 2 doses de Dymatize Super Mass Gainer à 700 ml d'eau ou de lait. Dymatize Super Mass Gainer est fortement concentré et en raison de sa puissance, vous pouvez envisager de prendre une demi dose 2 ou 3 fois par jour.

S) Uso Sugerido: Como suplemento dietético, agregue 2 dosificadores de Dymatize Super Mass Gainer a 24 onzas (700 cc) de agua fría o leche y mezcle energícamente. Dymatize Super Mass Gainer es altamente concentrado, debido a ello quizás crea conveniente tomar ½ servicio dos o tres veces a lo largo del día.

NL) Doseringsadvies: Neem als aanvulling op je dagelijkse voeding 1 tot 3 doseringen verdeeld over de dag. Meng 2 maatscheppen Super Mass Gainer met 750ml water of magere melk.

D) Dymatize Super Mass Gainer ist eine hochkonzentrierte Weight Gainer Formel. Der Proteinkomplex ist reich an Glutamin und anderen essentiellen Aminosäuren und unterstützt dadurch eine schnelle Regeneration nach intensiven Trainingsbelastungen. Zur Verarbeitung wird die Zytrix-Technologie verwendet. Es handelt sich um eine Enzymformel die bei der Aufnahme und Verdauung hilft. So kann die maximale Menge an Kalorien und Protein verstoffwechselt werden. Anwendung: Zwei Messlöffel Dymatize Super Mass Gainer in 700 ml Wasser oder Milch geben. Gut mixen. Super Mass Gainer ist ein hochkonzentriertes Pulver, aus diesem Grund könnte es angebracht sein nur eine halbe Portion zwei bis dreimal täglich zu konsumieren.

I) IL GAINER MASS ECCELLENTE di DYMATIZE è una formula altamente concentrata. La nostra proteina ricca della glutamina vi fornisce la miscela riservata necessaria dell'amminoacido ad aiuto con sviluppo veloce di massimo e di recupero. La nostra tecnologia completa di Zytrix di usi™ di miscela. Una formula digestiva degli enzimi che permetterà che prendiate in calorie massime e proteina massima mentre evita l'afflizione digestiva. Uso: Come supplemento dietetico, aggiunga 2 palette a 720ml di acqua o di latte.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

1280
CALORIES

52g
SUSTAINED
RELEASE
PROTEIN

252g
CARBS

SUPER MASS GAINER



NATURALLY & ARTIFICIALLY FLAVORED

HARDCORE CHOCOLATE

Ultra High Quality Protein and Added Creatine
100% Pharmaceutical Grade AjiPure[®] Glutamine and BCAAs



NET WT **12 LBS** (5,443G)

DIETARY
SUPPLEMENT

DYMATIZE[®]

NUTRITION



Advanced Digestive
Enzyme Matrix



DYMATIZE[®]

NUTRITION

Supplement Facts

Serving Size: 2 Heaping Scoops (334 g)
Servings Per Container: 16+

Amount Per Serving	% Daily Value*
Calories 1280	
Calories from fat 72	
Total Fat 8 g	12%
Saturated Fat 1 g	5%
Trans Fat 1 g	
Cholesterol 35 mg	12%
Total Carbohydrate 252 g	84%
Dietary Fiber 4 g	16%
Sugars 19 g	
Protein 52 g	104%
Vitamin A 4150 IU	83%
Vitamin C 70 mg	117%
Vitamin D 210 IU	53%
Vitamin E 30 IU	100%
Thiamin 1.2 mg	80%
Riboflavin 2 mg	118%
Niacinamide 20 mg	100%
Vitamin B6 2 mg	100%
Folate 420 mcg	105%
Vitamin B12 2.2 mcg	37%
Biotin 240 mcg	80%
Pantothenic Acid 13 mg	130%
Calcium 1700 mg	170%
Iron <1 mg	3%
Phosphorus 1360 mg	136%
Iodine 90 mcg	60%
Magnesium 185 mg	46%
Zinc 13 mg	87%
Selenium 70 mcg	100%
Chromium 125 mcg	104%
Chloride 410 mg	12%
Sodium 590 mg	25%
Potassium 2250 mg	64%
Creatine Monohydrate 1 g	**
Proprietary Amino Acid Blend 2 g	
Glutamine†	**
Glutamine Peptides	**
L-Leucine†	**
L-Isoleucine†	**
L-Valine†	**
Zytrix[®] 250 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

INGREDIENTS: Dymatize Complex Carbohydrate Blend (made up of the highest quality corn dextrins available from maltodextrin providing ultra high levels of 100% pure long chain glucose polymers), Dymatize Sustained Release Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, Calcium Caseinate, Egg Albumin, Milk Protein Concentrate), Fructose, Natural Cocoa, Soybean Oil*, Natural and Artificial Flavors, Dymatize Super Mass Gainer Vitamin and Mineral Blend (Potassium Chloride, Vitamin A Palmitate, Vitamin D3 (Cholecalciferol), Calcium Phosphate, Sodium Ascorbate, Vitamin E (D-alpha Tocopheryl Acetate), Niacinamide, Pantothenic Acid, Zinc Oxide, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Folic Acid, Biotin, Riboflavin, Potassium Iodide, Cyanocobalamin, Chromium Chloride, Sodium Selenite), Sodium Chloride, Acesulfame Potassium. *Contains Milk, Egg and Soy. † Soy oil is genetically modified.*

Valeur nutritive pour dose (100g/334g) / Información nutricional por ración (100g/334g) / Voedingwaardes per dosering (100g/334g) / Nährwertinformation pro dosierung (100g/334g) / Valori Nutrizionali per dose (100g/334g)

	100g	334g
Valeur énergétique/Caloria/Calorien/Brennwert/Calorie	1,604kJ/383kcal	5,358kJ/1,280kcal
Protéines/Proteínas/Eiwitten/Eiweiß /Proteine	15.6 gram	52 gram
Glucides/Carbohidratos/Koolhydraten/Kohlenhydrate/Carboidrati	75 gram	252 gram
Matières Grasses/Grasa/Vetten/Fett/Grassi	2.4 gram	8 gram



†Super Mass Gainer uses 100% Pure Pharmaceutical Grade AjiPure[®] Glutamine & BCAAs

AjiPure is a registered trademark of Ajinomoto AminoScience LLC.



BUILDING BETTER BODIES[®]
DYMATIZE.COM

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