

An international women's human rights organization, John Mader and support projects for women and children in conflict areas. Offices, Counseling, Education, Economic Development and Humanitarian Aid.

MADER



Organic Mother's Milk®

Directions: Brew Well to be Well™

For maximum benefit, medicinal tea must be properly prepared. **Pour 8 oz.** freshly boiled water over a tea bag in a ceramic cup. **Cover cup** and steep **10 minutes**. These steps directly influence the amount of beneficial components that will end up in your teacup! **Gently squeeze the tea bag** to release any remaining extract. **Drink three to five cups daily**. Sweeten with honey if desired.



Every tea bag in this box has been individually wrapped and sealed for freshness, ensuring that the beneficial components of the herbs remain intact.

SUSTAINABILITY
We source organic, bio-dynamic and/or wild crafted herbs for our teas and power our facility with wind energy.
PARTNERSHIP
We cultivate equitable relationships with our consumers, customers, employees, farmers and our community.

Our Principles

Organic Mother's Milk®

What will Organic Mother's Milk® do for me? Organic Mother's Milk promotes healthy lactation* and is traditionally used to increase breastmilk production.* **How do I know it works?** This traditional combination of anise, fennel and caraway has been in continuous use for centuries by European women, often recommended by lactation counselors and medical herbalists. **When should I use it?** Unless prescribed otherwise, drink one cup of freshly prepared tea 3 to 5 times daily throughout your nursing experience. **How does it taste?** A pleasantly aromatic balance of sweet, spicy and slightly bitter.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more information look inside the box or visit: www.TraditionalMedicinals.com

Traditional Medicinals®

Organic Mother's Milk®

promotes
Healthy Lactation*

NEW
Organic Formula

ORGANIC
100%



HERBAL DIETARY SUPPLEMENT

Caffeine Free
Herbal Tea

16 Wrapped Tea Bags
Net Wt. .99 Oz. (28g)

Organic Mother's Milk®

Supplement Facts

Serving Size 1 cup brewed tea • Servings Per Container 16

	Amount per serving	%DV*
Calories	0	
All Herbal Ingredients:		
Organic bitter fennel fruit	875 mg	†
Organic aniseed fruit	350 mg	†
Proprietary Blend:	525 mg	
Organic caraway fruit		†
Organic nettle herb		†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Traditional Medicinals, Sebastopol, California 95472

Certified by the California Certified Organic Farmers (CCOF).

Pregnancy and lactation: This product is intended to be used by lactating women. If you are pregnant and also nursing please discuss with your midwife or other pre-natal healthcare provider before using this product.

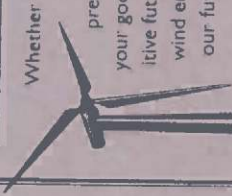


- Just herbs! nothin' else!
- No added flavors!
- Made with medicinal grade herbs!

OPEN HERE

Preserving and Protecting Our Future

Whether it is protecting our natural resources or nurturing children, women have always played a special role in preserving the world for future generations. We support your good health and we support your effort to create a positive future as well. That's why we purchase 100% renewable wind energy credits to offset our electricity use. We believe our future and the future for our children is worth it.



Being Green™
is a Breeze™

To learn more about the ways we are working towards a sustainable future, visit www.traditionalmedicinals.com.

Traditional Medicinals®

KNOWLEDGE ■ EFFICACY

From the corners of the earth, to the bottom of your teacup, we're preserving tradition and creating a sustainable future. For over 30 years we have been making herbal teas blending the ancient art of traditional herbal medicine with the most modern methods to ensure you a consistently effective and good tasting cup.

We know that you choose to live as if there is a tomorrow, as we do. That's why we purchase our herbs and manufacture our teas sustainably. Whether it's working with a cooperative of herb collectors, supporting organic herb farmers or using 100% wind power to offset our electricity use, we believe that teas that are good for you should be good for the earth.

Learn more about the vision, practices and science behind your cup of tea at www.TraditionalMedicinals.com.



SUSTAINABILITY ■ PARTNERSHIP

Look for our other Herb Teas for Women

- Cran-Aid®
- Female Toner®
- Iron Woman™
- Organic Raspberry Leaf PMS Tea®
- Pregnancy Tea®
- Women's Liberty®



The Global Fund for Women envisions a just and democratic world where women and men participate equally in all aspects of society. Our mission is to advance women's human rights by making grants to women's groups that work to gain freedom from poverty, violence and discrimination. Phone (415) 202-7640 www.globalfundforwomen.org

Manufactured by:
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www.TraditionalMedicinals.com
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♻️ Printed on 100% recycled paper board (at least 55% verified post-consumer waste)

WE STRONGLY ENCOURAGE RECYCLING
Please open this box from both sides, flatten and include it with other household paper or cardboard for recycling.
Thanks for helping to reuse this valuable resource.

