

Continued from opposite panel

Amount Per Serving	% Daily Value
Molybdenum (as molybdenum trioxide)	1.2 mcg1.6%
Potassium (as potassium phosphate)	10 mg<1%
Inositol (as inositol and from soy lecithin)	66 mg†
Choline (as choline bitartrate and from soy lecithin)	25 mg†
Diastase (from malt)	20 mg†
Papain	17 mg†
Lipase	10 mg†
Betaine Hydrochloride	10 mg†
Custom Trace Mineral Blend	50 mg†
Cellulose; Marine Organic Complex (from <i>Laminara digitata</i>); Kelp; Irish Moss; Dulse Leaf; Dicalcium Phosphate	
Neo-Plex Concentrate	47 mg†
Orange Juice powder (<i>Citrus sinensis</i>) (fruit); Orange powder (<i>Citrus sinensis</i>) (peel); Citrus Bioflavonoid	
† Daily Value not established	

Other ingredients: Microcrystalline cellulose, powdered cellulose, hydroxypropyl methylcellulose, chlorophyll, magnesium stearate, silicon dioxide and triacetin.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store in a cool, dry place, away from direct sunlight. Packaged with safety seal.

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Leading edge nutrition since 1958.



NUTRITIONALS
Nature • Science



YEAST FREE VEGETARIAN MULTI

*Complete Vitamin and
Mineral Multiple
with Chelates*

DIETARY SUPPLEMENT
120 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate and 10% as beta-carotene from carrot oleoresin (<i>Daucus carota</i>) (root))	4,400 IU88%
Vitamin C (as ascorbic acid)	93 mg155%
Vitamin D (as ergocalciferol)	400 IU100%
Vitamin E (as d-alpha-tocopherol)	10 IU33%
Thiamine (as thiamine mononitrate and from rice)	10 mg666%
Riboflavin (as riboflavin and from rice)	10 mg588%
Niacin (as niacinamide and from rice)	50 mg250%
Vitamin B6 (as pyridoxine hydrochloride and from rice)	10 mg500%
Folic Acid	0.4 mg100%
Vitamin B12 (as cyanocobalamin and from rice)	10 mcg166%
Biotin	0.3 mg100%
Pantothenic Acid (as calcium pantothenate)	12 mg120%
Calcium (as calcium carbonate)	300 mg30%
Iron (chelated)	18 mg100%
Iodine (from kelp)	100 mcg66%
Magnesium (as magnesium oxide)	150 mg38%
Zinc (chelated)	15 mg100%
Selenium (as sodium selenite)	1.6 mcg2%
Copper (chelated)	2 mg100%
Manganese (chelated)	10 mg500%
Chromium (chelated)	0.8 mcg<1%



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