## EveryDay Detox<sub>®</sub>

What will EveryDay Detox® do for me? EveryDay Detox® is an herbal tea used to promote healthy liver function.\* How do I know it works? The use of herbs in EveryDay Detox® for liver protection is supported by pharmacological data and traditional use. Both licorice root and schisandra fruit have demonstrated significant liver protective action in various test models. In Traditional Chinese Medicine (TCM), chicory root is used to remove heat from the liver, stimulate bile secretion, and promote digestion. Lycium fruit (aka gou qi zi or goji berry) acts to reinforce the liver and the kidney.\* When should I use it? Unless directed otherwise by your licensed acupuncturist or naturopathic doctor, drink 3 cups daily, at least 30 minutes before or after meals. How does it taste? Balanced: Schisandra fruit contains all five tastes: sweet. sour, bitter, pungent and salty. Licorice and lycium are sweet while chicory and dandelion are slightly bitter.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more information look inside the box or visit: www.TraditionalMedicinals.com

## Traditional Medicinals.

## EveryDay Detox<sub>®</sub>

promotes
Healthy Liver Function\*

Made with Organic Dandelion Root



HERBAL DIETARY SUPPLEMENT

All Natural **Herbal Tea** 

16 Wrapped Tea Bags Net Wt. .85 Oz. (24g)

## **Supplement Facts**

Serving Size 1 cup brewed tea · Servings Per Container 16

A	mount per serving	%DV
Calories	0	100
Caffeine (from kukicha)	2 mg	t
All Herbal Ingredients:	8	
Organic chicory root, roasted	250 mg	t
Organic dandelion root [OAB]**, roas	ted 250 mg	t
Schisandra fruit dry extract (10:1)	225 mg	t
Organic schisandra fruit [PPRC]**	75 mg	†
Organic lycium fruit dry extract (12:1)	75 mg	t
Proprietary Blend:	625 mg	
Organic licorice root [PhEur]**	0.0490.92	1
Organic ginger rhizome [JP]**		†
Organic star anise fruit [PhEur]**		†
Organic kukicha twig		t

Percent Daily Values (DV) are based on a 2,000 calorie diet.
 Daily Value not established.

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Certified by the California Certified Organic Farmers (CCOF)

85% organic ingredients.

Duration of use: Drink daily for up to 6 weeks. Pause up to 1 week before resuming.

Cautions: Consult a health care practitioner before taking if you have gallstones. Avoid use if you have loose stools. In rare cases, chicory and dandelion may be associated with allergic skin reactions. Discomfort due to gastric hyperacidity may occur after taking herbs that contain bitter substances like chicory and dandelion. Individuals with high gastric acidity or peptic ulcers may experience increased acidity when taking schisandra fruit.

Contraindications: Do not use if you have an allergy to Asteraceae/ Compositae (the daisy family) plants, or if you have obstructed bile ducts, inflammation of the gallbladder, or painful obstruction of the bowel.

Do not use if pregnant or breastfeeding.

\*\* Quality standards. See definitions inside.

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