

MANUFACTURED IN A NSF GMP SPORT-REGISTERED FACILITY WHICH IS NSF CERTIFIED TO BE FREE OF BANNED INGREDIENTS

DIRECTIONS FOR PEAK PERFORMANCE USING XPAND 2X:

- 1 scoop (10g): First time users (to assess tolerance)
 - 2 scoops (20g): Experienced users that are tolerant
 - 3 scoops (30g): Advanced users with high tolerance
- Mix 5-6 oz. of water with each scoop. For optimal results, take at least 30 minutes prior to workout/performance.

NOTE: This product contains caffeine (see WARNING below). Individuals highly sensitive to caffeine should not use this product and should consider using XPAND 2X Caffeine-Free. Beta-Alanine consumption can result in a tingling sensation that will subside after a single use and with continued use of the product.

Dymatize Nutrition Xpand 2x represents a true breakthrough in performance nutrition science, setting a new standard in pre-workout and pre-performance formulas. Blending quality, proven ingredients in their highest potency, we have created an unrivaled, hybrid-concentrate pre-workout to help take your performance to the next level.

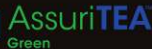
- Pure creatine monohydrate, creatinol-o-phosphate, CarnoSyn™ beta-alanine and **active** forms of B-vitamins (co-enzymes) enhance endurance and strength and build muscle
- Highly concentrated cognitive enhancement blend provides razor-sharp, focused energy
- Superior, research-backed BCAA ratios: 2:1:1 Leucine/Isoleucine/Valine complex
- Nitric oxide blend of agmatine sulfate and a highly potent form of pomegranate extract for longer-lasting intense pumps
- Ultra-micronized formula completely dissolves in seconds in cold water
- **Contains no DMAA**

WARNING: KEEP OUT OF THE REACH OF CHILDREN. NOT INTENDED FOR PERSONS UNDER 18 YEARS OF AGE. DO NOT EXCEED RECOMMENDED SERVING. DO NOT USE IF PREGNANT OR NURSING. CONSULT A PHYSICIAN PRIOR TO USING THIS PRODUCT, ESPECIALLY IF YOU HAVE ANY PRE-EXISTING MEDICAL CONDITIONS, INCLUDING HIGH BLOOD PRESSURE, HEART OR THYROID PROBLEMS, NERVOUS DISORDERS, DIABETES, OR ARE TAKING ANY MEDICATION. DO NOT USE IF YOU ARE SENSITIVE TO CAFFEINE-CONTAINING PRODUCTS. LIMIT THE USE OF CAFFEINE-CONTAINING MEDICATIONS, FOODS OR BEVERAGES WHILE TAKING THIS PRODUCT BECAUSE TOO MUCH CAFFEINE MAY CAUSE NERVOUSNESS, SLEEPLESSNESS AND OCCASIONALLY RAPID HEARTBEAT. IF YOU ARE ALLERGIC TO RAGWEEED, CONSULT YOUR DOCTOR BEFORE USE AS THIS PRODUCT CONTAINS STEVIA LEAF AND SOME CROSS-REACTIVITY MAY EXIST. THIS PRODUCT CONTAINS A NATURALLY OCCURRING BETA ALANINE AMINO ACID WHICH MAY CAUSE A TINGLING SKIN SENSATION IN SOME INDIVIDUALS. THIS EFFECT SHOULD DIMINISH AFTER A FEW HOURS AND LESSEN WITH REGULAR USE. USE ONLY AS DIRECTED. IMPROPER USE OF THIS PRODUCT WILL NOT IMPROVE RESULTS AND IS NOT ADVISED. DO NOT USE IF PACKAGING IS NOT SEALED OR SHOWS SIGNS OF TAMPERING.

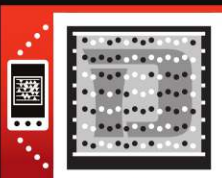
CHAIN•SOL™ & NITRO2GRANIT™ are trademarks of Custom Nutritional Laboratories.
Patented Creatine Formulation Patent # 5,968,544
Sustamine™ is a registered trademark of KYOWA HAKKO BIO Co., Ltd.

AssuriTEA™ Green is a trademark of Kemin Industries, Inc.
Natural Alternatives International (NAI) is the owner of patents
5,965,596, 6,172,098, 6,426,361, 6,680,294
& registered trademark CarnoSyn®.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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**NEW
FORMULA!**

**DYMATIZE
NUTRITION**

XPAND

**POWER & PERFORMANCE
2X MUSCLE IGNITER**
PRE-WORKOUT FORMULA
DIETARY SUPPLEMENT

Advanced Hybrid Concentrate
Explosive Strength and Stamina
Razor Sharp, Focused Energy

MANDARIN ORANGE

NATURALLY & ARTIFICIALLY FLAVORED

NET WT 0.88 LBS (400g)

**BONUS SIZE
10% MORE!**

Supplement Facts

Serving Size: 1 Scoop (10 g) Servings Per Container 40

Amount Per Serving	% Daily Value*
Calories 15	
Vitamin B3 (as Niacin & Nicotinamide)	20 mg 100%
Vitamin B6 (as Pyridoxal-5-Phosphate)	5 mg 250%
Folic Acid	100 mcg 25%
Vitamin B12 (as Methylcobalamin)	15 mcg 250%
Vitamin C (as Ascorbic Acid)	100 mg 170%

MYO-XPAND - Muscle Building Blend 2.8 g **
Micronized Pure Creatine Monohydrate
CarnoSyn® Beta-Alanine
Creatinol-O-Phosphate

ENDURO-XPAND - Muscle Amino Acids 1.6 g **
CHAIN-SOL™ (2:1:1 H₂O-soluble BCAA Amino Complex)
L-Taurine
L-Leucine, L-Isoleucine, L-Valine
Sustamine™ Alanine-Glutamine

VASO-XPAND - Muscle Pump Matrix 490 mg **
NITRO2GRANIT™ (Pomegranate Extract-50% polyphenols)
Agmatine Sulfate
Beet Root Extract (*Beta Vulgaris*)
AssuriTEA™ Green Tea Extract (Water-extracted *Camellia Sinensis*)

FOCUS-XPAND - Mind/Muscle Complex 620 mg **
N-Acetyl Tyrosine
Glucuronolactone
Caffeine Anhydrous
Rhodiola Rosea (5% Rosavins, 3% Salidroside)

QRS-Complex - Quercetin Rutin Synergy 67 mg **
Quercetin-O-Rutinoside (Rutin)
Quercetin Dihydrate

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Maltodextrin, Malic Acid, Natural and Artificial Flavors, Citric Acid, Silicon Dioxide, Sucralose, Beta Carotene (for color), Stevia Leaf Extract, Lecithin (Soy).