## MANUFACTURED IN A NSF GMP SPORT, REGISTERED FACILITY

1 scoop (10a): First time users (to assess tolerance)

2 scoops (20g): Experienced users that are tolerant 3 scoops (30g): Advanced users with high tolerance

DIRECTIONS FOR PEAK PERFORMANCE USING XPAND 2X: 1 Mix 5-6 oz. of water with each scoop, For optimal results, take at least 30 minutes prior to workout/performance. NOTE: Beta-Alanine consumption can result in a tingling sensation that will subside after a single use and with continued use of the product. Do not exceed 3 servings (3 scoops) in a 24-hour period

Dymatize Nutrition Xpand 2x represents a true breakthrough in performance nutrition science, setting a new standard in pre-workout and pre-performance formulas. Blending quality, proven ingredients in their highest potency, we have created an unrivaled, hybrid-concentrate pre-workout to help take your performance to the next level.\*

- Pure creatine monohydrate, creatinol-o-phosphate, CarnoSyn<sup>®</sup> beta-alanine and <u>active</u> forms of B-vitamins (co-enzymes) enhance endurance and strength and build muscle<sup>x</sup>
- Highly concentrated cognitive enhancement blend provides razor-sharp, focused energy
- Superior, research-backed BCAA ratios: 2:1:1 Leucine/Isoleucine/Valine complex
- Nitric oxide blend of agmatine sulfate and a highly potent form of pomegranate extract for longer-lasting intense pumps<sup>x</sup>
- Ultra-micronized formula completely dissolves in seconds in cold water
- Contains no DMAA

demarks of Custom Nutriceutical Laboratories. Natural Alternatives International (NAI) is the owner of patent 5968544 5965,596, 6,172,098, 6,426,361, 6,680,294 8 resistent fordemork CampoSyr®

ustamine™ is a trademark of KYOWA HAKKO BIO Co. Ltd. Manufactured & Distributed by: Dymatize Enterprises, LLC 13737 N Stemmons FWY

Dallas, TX 75234







XThese statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. http://gettag.mobi

..... . ...

Get the free mobile app for your phone



## Supplement Facts

Amount Per Serving % Daily Value Vitamin B3 (as Niacin & Nicotinamide) 20 mg 100% Vitamin B6 (as Pyridoxal-5-Phosphate) 5 mg 250% 100 mcg 25% Vitamin B12 (as Methylcobalamin) 15 mcg 250% 100 mg 170%

MYO-XPAND - Muscle Building Blend 2.8 a Micronized Pure Creatine Monohydrate

CarnoSvn® Beta-Alanine Creatinol-O-Phosphate

ENDURO-XPAND - Muscle Amino Acids 1.6 a

CHAIN-SOL™ (2:1:1 H2O-soluble BCAA Amino Complex)

L-Leucine, L-Isoleucine, L-Valine

Sustamine™ AlanvI-Glutamine

FOCUS-XPAND - Mind/Muscle Complex 500 mg

N-Acetyl Tyrosine Glucuronolactone

Rhodiola Rosea (5% Rosavins, 3% Salidrosides)

VASO-XPAND - Muscle Pump Matrix 500 mg

NITRO2GRANIT™ (Pomegranate Extract-50% polyphenols)

Beet Root Extract (Beta Vulgaris)

QRS-Complex - Quercetin Rutin Synergy 67 mg

Quercetin-O-Rutinoside (Rutin)

Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Maltodextrin, Citric Acid, Natural and Artificial Flavors, Silicon Dioxide, Malic Acid, Sucralose, Beta Carotene (for color), Stevia Leaf Extract, Lecithin (Soy).