

• ENDURANCE[†] • LEAN MUSCLE[†] • PRE-WORKOUT PERFORMANCE[†] • STRENGTH[†] • POWER[†]

PRE-WORKOUT



PUMP-HD™ is the Premier PRE-WORKOUT Muscle Builder. This is a throwback to the days of deep, well researched, trialed and tested ingredients proven to build muscle. Combine this with the strongest PRE-WORKOUT Energy System contained anywhere. **PUMP-HD™** contains The clinically tested form of Beta-Alanine, CarnoSyn®, which has been shown in groundbreaking research to be the gold standard for improving performance, power, stamina, and endurance, by buffering low pH. In fact, research shows that each dose of CarnoSyn® literally builds on the one before, and that performance continues to increase by ongoing use of CarnoSyn®. **PUMP-HD™** also contains Ornithine AKG for its pro-anabolic and anti-catabolic effects. Then there is Creatine Monohydrate, Leucine, and a NITRIC OXIDE instigating profile unlike any other. And, the Electrolytes in **PUMP-HD™** help to rehydrate and refresh during periods of exercise and peak performance.[†]

Suggested Use: Take one (1) serving (1 scoop) approximately 15-30 minutes prior to training, blended into 8-10 ounces of cold water or beverage, or as suggested by a qualified healthcare practitioner.

Warnings: Not intended for use by persons under age 18. Do not exceed recommended dose. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, you are pregnant, nursing or thinking about becoming pregnant. **KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN.**

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

[†]When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party *in vivo* and / or *in vitro* model scientific research data findings.



**NO MALTODEXTRIN!
NO FILLERS!**

PUMP-HD™

PRE-WORKOUT MUSCLE BUILDER[†]



ELECTROLYTES
Endurance Technology

AMINOS
Protein/Recovery

30
SERVINGS

PROMOTES:

- INTENSITY / ENERGY FOR EXPLOSIVE WORKOUTS[†]
- STRENGTH / POWER / ENDURANCE[†]
- SKIN TEARING PUMPS AND VASCULARITY[†]
- INCREASED LEAN MUSCLE MASS[†]



DIETARY SUPPLEMENT • NET WEIGHT 11.64 OZ (330 GRAMS)

Please read entire label before use.

Supplement Facts

Serving Size 1 Scoop (11 grams)
Servings Per Container 30

Amount Per Serving	% Daily Value	
ELECTROLYTE MATRIX		
Calcium (as calcium carbonate)	30 mg	3%
Magnesium (as magnesium hydroxide)	12 mg	3%
Manganese (as manganese gluconate)	2 mg	100%
Potassium (as potassium bicarbonate)	99 mg	3%
Creatine (as creatine monohydrate)	2,000 mg	**
Aspartic Acid (as L-aspartic acid)	1,000 mg	**
Beet Root (root)	1,000 mg	**
Beta-Alanine (as CarnoSyn®)	1,000 mg	**
Glycerol (as glycerol monostearate)	1,000 mg	**
Glycine	1,000 mg	**
L-Leucine	1,000 mg	**
PROFESSIONAL ENDURANCE AND RECOVERY BLEND (Proprietary)	1,230 mg	
Taurine		**
L-Carnitine (as acetyl-L-carnitine HCl)		**
L-Tyrosine (as acetyl-L-tyrosine)		**
Caffeine (as caffeine anhydrous)		**
<i>Psoralea corylifolia</i> (seed)		**
<i>Pausinystalia yohimbe</i> (bark)		**
L-Ornithine (as L-ornithine alpha ketoglutarate)		**
** Daily Value not established.		

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Other Ingredients: Silica, natural and artificial flavors, sucralose, citric acid, acesulfame-K, and FD&C Blue No. 1.



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