

SUGGESTED USE: 2 TABLETS PER DAY WITH MEALS, OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL. MAY BE TAKEN IN DIVIDED DOSES.

WARNING: IF TAKING MEDICATION, PREGNANT OR NURSING CONSULT A PHYSICIAN BEFORE USING.

KEEP OUT OF REACH OF CHILDREN.
STORE SEALED IN A COOL, DRY PLACE.

Albion®, TRAACS® and the Albion Gold Medallion design are registered trademarks of Albion Laboratories, Inc. Quatrefolic® is a registered trademark of Gnosis S.p.A. US Patent No 7,947,662. Lutemax® 2020 is a trademark of OmniActive Health Technologies Ltd.

Manufactured For:
Moss Nutrition
Products, Inc.
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Hadley, MA 01035
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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



2-Per-Day Vitamin Mineral Complex
Advanced Absorption & Specialty Nutrients*

Dietary Supplement
60 Tablets

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as palmitate)	5000 IU	100%
Vitamin C (as calcium ascorbate, ascorbic acid)	225 mg	375%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167%
Vitamin B1 (as thiamin HCl)	30 mg	2000%
Vitamin B2 (as riboflavin-5'-phosphate)	15 mg	882%
Vitamin B3 (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxal-5'-phosphate)	10 mg	500%
Folate (as Quatrefolic® (6S)-5-Methyl-tetrahydrofolic acid, glucosamine salt)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	120 mcg	2000%
Biotin	500 mcg	167%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (as Calcium Citrate-Malate) (Albion®)	40 mg	4%
Iodine (as potassium iodide)	25 mcg	17%
Magnesium (as Magnesium Bisglycinate Chelate) (TRAACS®)	20 mg	5%
Zinc (as Zinc Bisglycinate Chelate) (TRAACS®)	10 mg	67%
Selenium (as Selenium Glycinate Complex) (Albion®)	200 mcg	286%
Manganese (as Manganese Bisglycinate Chelate) (TRAACS®)	10 mg	500%

	Amount Per Serving	% Daily Value
Chromium (as Chromium Nicotinate Glycinate Chelate) (TRAACS®)	200 mcg	167%
Molybdenum (as Molybdenum Glycinate Chelate) (TRAACS®)	100 mcg	133%
Potassium (as Potassium Glycinate Complex) (Albion®)	20 mg	0.6%
Inositol	50 mg	**
Choline (as citrate)	50 mg	**
Citrus Bioflavonoid Complex	50 mg	**
Alpha Lipoic Acid	50 mg	**
Coenzyme Q10	30 mg	**
Bromelain (2400 GDU)	20 mg	**
Papain	20 mg	**
Horsetail Aerial Extract (<i>Equisetum arvense</i>)	10 mg	**
Lutein (from Lutemax® 2020 marigold flower extract)	5 mg	**
Zeaxanthin (from Lutemax® 2020 marigold flower extract)	1 mg	**
Boron (as Bororganic Glycine) (Albion®)	2 mg	**
Vanadium (as Nicotinate Glycinate Chelate) (TRAACS®)	50 mcg	**

* Percent Daily Values are based on a 2000 calorie diet.

** Daily Value not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, vegetable stearates, silicon dioxide, maltodextrin (non-GMO), hydroxypropyl methylcellulose, glycerin.

Does not contain gluten.