

NO FILLERS - NO MALTODEXTRIN - NO SUGAR



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DO NOT USE BUILD-HD™ without first consulting your physician. This is an extremely POWERFUL Anabolic and Fullness Response Powder.*†

BUILD-HD™ is a Smart-based, Highly Effective, Creatine enhanced powdered formula aimed at increasing anabolic activity. This strong, concentrated formula utilizes NMDA-receptor activator, Aspartic Acid, in the L-isomer form (which is the only form directly incorporated as a proteinogenic building block of protein) ... L-Carnitine (as the bio-active Acetyl form which crosses the blood-barrier) and Ubiquinone (the energy carrier antioxidant form of CoQ₁₀), as a direct means of promoting cellular activity, metabolism, and transport ... as well as both Glycerylphosphorylcholine and Phosphatidylcholine, for rapid delivery of Choline to the brain (to support upregulation of Acetylcholine, the neurotransmitter acting in both the PNS and CNS). **BUILD-HD™** is the only anabolic formula of this nature that utilizes the brain's function to enhance growth of this nature. This formula is a must have if you are looking to promote a stronger, bigger, and better looking physique.*†

Suggested Use: Take one (1) serving (1 scoop) blended into 8oz of ice cold water, either before, during, or after workout, or as directed by a qualified healthcare practitioner. On non-training days, take one (1) serving (1 scoop) first thing in the morning, on an empty stomach, or as directed by a qualified healthcare practitioner.

Warnings: Not intended for use by persons under age 18. Do not exceed recommended dose. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, you are pregnant, nursing or thinking about becoming pregnant. **KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN.**

*When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party *in vivo* and / or *in vitro* model scientific research data findings.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**



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MR. OLYMPIA
2006 | 2007 | 2009 | 2010
JAY CUTLER APPROVED

BUILD-HD™

AUTOMATIC MUSCLE BUILDING POWDER™†

4500 mg
ANABOLIC™†

DIETARY SUPPLEMENT
NET WEIGHT 5.8 OZ (165 GRAMS)



For Athlete Use Only

Supplement Facts

Serving Size 1 Scoop
Servings Per Container 30

Amount Per Serving	% Daily Value
Creatine (as creatine monohydrate) 3,000 mg	**
BUILD-HD™ MATRIX (Proprietary blend) 1,500 mg	
L-Aspartic acid	**
Acetyl-L-carnitine (as acetyl-L-carnitine HCl)	**
Coenzyme Q ₁₀ (as ubiquinone)	**
Alpha-GPC (as glycerylphosphorylcholine)	**
Phosphatidylcholine	**

**Daily Value not established.

Other Ingredients: Silica, natural and artificial flavoring, citric acid, sucralose, acesulfame-K, FD&C Red No. 40, and FD&C Blue No. 1.



Manufactured for and Distributed By:
BPI Sports, Hollywood, FL 33312.
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