

Enjoy Numerous Health Benefits!

Omega-3s may help to increase HDL cholesterol "good cholesterol", help with hypertension and may act as an anticoagulant.* Athletic benefits may include reduced inflammatory response from exercise, and quicker recovery from fatigue.*

F3™ Nutrition's Fish Oil 800 supplies 800mg of Omega-3s only from the deep ocean waters, not farm raised fish. The fish are found off the cold waters in South America and are mainly mackerel, anchovies, salmon and tuna. The oils have been cleaned and detoxified for a purer, cleaner, and more potent product with NO burp-back after effects.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item # 10020 • DO NOT PURCHASE IF SEAL IS BROKEN



Fit • Form • Function

FISH OIL 800

Supports Healthy Cholesterol Levels*
Supports Joints and Reduces Inflammation*
Supports Heart Health*

Lemon

Dietary Supplement • 60 Softgels

Supplement Facts

Serving Size: 1 Softgel Capsule
Servings Per Container: 60

Amount Per Serving	% DV	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Omega 3 Fatty Acids	800 mg	†
EPA - eicosapentaenoic acid (410 mg)		
DHA - docosahexaenoic acid (315 mg)		
Other Omega-3 fatty acids (75 mg)		

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Gelatin, Glycerin, and Purified water, Natural lemon flavor, Proprietary antioxidant blend (consisting of Rosemary extract and Natural tocopherols).

CONTAINS: Fish (Sardine, Mackerel, Anchovy, Salmon)

DIRECTIONS: As a dietary supplement, take 1 softgel up to three times a day with meals. For stronger effects, take 2, three times daily

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medications, or have a medical condition.

DO NOT INGEST FRESHPACK

Store in a cool, dry place.

Distributed by:

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