

ANNIHILATE™ Your Workout!

What you consume before a workout can either make or break your performance. Because pre-workout nutrition is so important, it's crucial that you get the right nutrients at the right levels to fuel your workouts for maximum effort.

ANNIHILATE™ Strength Pre-Workout provides the perfect balance of energy, power and pump for an outstanding pre-workout supplement without the crash-like side effects many pre-workout supplements have. At F3™ Nutrition, we've combined three scientifically designed ingredient blends to create **ANNIHILATE™**.*

Metabolic Endurance Blend: Increases endurance, increases muscle power and strength, decreases fatigue and soreness.*

Nitric Oxide Booster Blend: Will pump your muscles like never before through the enhancement of Nitric Oxide production.*

Anabolic Power Blend: Works synergistically to build muscle and provide a direct source of energy for power and growth.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item # 10001 • DO NOT PURCHASE IF SEAL IS BROKEN



Fit • Form • Function

ANNIHILATE™

Strength Pre-Workout

Fuels Muscle Volumizing*
Boosts Nitric Oxide*
Supports Muscle Endurance*

Watermelon

Dietary Supplement • Net Wt 13.9 oz (393 g)

10

CALORIES

2.5g

NITRIC OXIDE BLEND

4g

METABOLIC BLEND

4.1g

ANABOLIC BLEND

Supplement Facts

Serving Size: 1 Scoop (13.1 g)
Servings Per Container: 30

Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	<1%**
Sugar	1 g	†
Vitamin B12	500 mcg	8,333%
Pantothenic Acid	100 mg	1,000%
Metabolic Endurance Blend:	4,050 mg	†
Citrulline malate, Betaine, Taurine, Schizandra extract (fruit and seeds), Caffeine anhydrous, D-calcium pantothenate, Green tea leaf extract (45% EGCG), Cyanocobalamin		
Nitric Oxide Booster Blend:	2,500 mg	†
L-Arginine, L-Ornithine HCl, Theobromine, L- Norvaline		
Anabolic Power Blend:	4,100 mg	†
Creapure® creatine monohydrate, L-Leucine, Beta-alanine (CarnoSyn®), L-Isoleucine, L-Valine		

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Sugar, Citric acid, Natural flavors, Silica, Sucralose, Acesulfame potassium and Beet color.

*** Licensed under one or more of U.S. Pat. Nos. 5,965,596, 6,426,361 and 7,504,376, each of which is owned by Natural Alternatives International, Inc. (NAI). NAI is also the owner of the registered trademark CarnoSyn®.

Creapure® is a trademark of AlzChem Trostberg GmbH.

DIRECTIONS: As a dietary supplement, mix 1 scoop with 8-10 fl oz of cold water. Vary the amount of water to achieve your desired sweetness and flavor level.

SUGGESTED USE: For maximum results consume ANNIIHILATE™ 15-30 minutes prior to training on an empty stomach. We strongly recommend assessing your tolerance before trying more than 1 scoop, especially if you are sensitive to stimulants. However, after assessing your tolerance 2 level scoops may be necessary for some people to reach optimal performance. Do not exceed 2 scoops per training session.

DO NOT INGEST FRESHPACK

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medications, or have a medical condition.

Store in a cool, dry place.

Distributed by:
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