

ANNIHILATE™ Your Workout!

What you consume before a workout can either make or break your performance. Because pre-workout nutrition is so important, it's crucial that you get the right nutrients at the right levels to fuel your workouts for maximum effort.

ANNIHILATE™ Strength Pre-Workout provides the perfect balance of energy, power and pump for an outstanding pre-workout supplement without the crash-like side effects many pre-workout supplements have. At F3™ Nutrition, we've combined three scientifically designed ingredient blends to create **ANNIHILATE™**.*

Metabolic Endurance Blend: Increases endurance, increases muscle power and strength, decreases fatigue and soreness.*

Nitric Oxide Booster Blend: Will pump your muscles like never before through the enhancement of Nitric Oxide production.*

Anabolic Power Blend: Works synergistically to build muscle and provide a direct source of energy for power and growth.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item # 10002 • DO NOT PURCHASE IF SEAL IS BROKEN



Fit • Form • Function

ANNIHILATE™

Strength Pre-Workout

Fuels Muscle Volumizing*
Boosts Nitric Oxide*
Supports Muscle Endurance*

Limeade

Dietary Supplement • Net Wt 14.5 oz (411 g)

10

CALORIES

2.5g

**NITRIC OXIDE
BLEND**

4g

**METABOLIC
BLEND**

4.1g

**ANABOLIC
BLEND**

Supplement Facts

Serving Size: 1 Scoop (13.7 g)

Servings Per Container: 30

Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	<1%**
Sugar	1 g	†
Vitamin B12	500 mcg	8,333%
Pantothenic Acid	100 mg	1,000%

Metabolic Endurance Blend: 4,050 mg †
Citrulline malate, Betaine, Taurine, Schizandra extract (fruit and seeds), Caffeine anhydrous, D-calcium pantothenate, Green tea leaf extract (45% EGCG), Cyanocobalamin

Nitric Oxide Booster Blend: 2,500 mg †
L-Arginine, L-Ornithine HCl, Theobromine, L- Norvaline

Anabolic Power Blend: 4,100 mg †
Creapure® creatine monohydrate, L-Leucine, Beta-alanine (CarnoSyn®), L-Isoleucine, L-Valine

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Citric acid, Sugar, Natural flavors, Silica, Sucralose, Acesulfame potassium, Beta carotene color, FD&C yellow #5 and FD&C blue #1.

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Creapure® is a trademark of AlzChem Trostberg GmbH.

DIRECTIONS: As a dietary supplement, mix 1 scoop with 8-10 fl oz of cold water. Vary the amount of water to achieve your desired sweetness and flavor level.

SUGGESTED USE: For maximum results consume ANNILATE™ 15-30 minutes prior to training on an empty stomach. We strongly recommend assessing your tolerance before trying more than 1 scoop, especially if you are sensitive to stimulants. However, after assessing your tolerance 2 level scoops may be necessary for some people to reach optimal performance. Do not exceed 2 scoops per training session.

DO NOT INGEST FRESHPACK

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medications, or have a medical condition.

Store in a cool, dry place.

Distributed by:
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