

Get Moving at AIR SPEED™

Pre-workout supplements can help endurance athletes get that extra boost they need to complete their workouts. **AIR SPEED™** **Endurance Pre-Workout** is the endurance athlete's answer to peak performance and endurance.*

AIR SPEED™ has been developed using ingredients clinically proven to increase the oxygen carrying capacity of blood, increase lactic threshold, enhance VO2 Max, improve endurance performance, promote greater gains in lean body mass, support immune system defenses and enhance recovery.* The extra oxygen significantly increases the muscles' energy production and can help improve athletic performance, intensity and duration.*

Endurance Blend: Increases muscle carnosine levels buffering acidic build-up in the muscles, while supplying the energy to get you through those last sprints, miles or sets.*

Muscle Fuel Blend: Supplies your working muscles with the fuel they need to keep moving and the nutrients they need to repair themselves.*

Phospholyte Blend: Provides increased oxygen, blood flow and electrolytes to your body allowing you to keep going.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item # 10007 • DO NOT PURCHASE IF SEAL IS BROKEN



Fit • Form • Function

AIR SPEED™

Endurance Pre-Workout

Supports Increased VO2 Max*
Increases Oxygen Delivery*
Increases Muscle Energy Stores*

Raspberry Lemonade

Dietary Supplement • Net Wt 13.8 oz (390 g)

5

CALORIES

0g

SUGAR

2.6g

ENDURANCE BLEND

5.2g

MUSCLE FUEL BLEND

Supplement Facts

Serving Size: 1 Scoop (13 g) / Servings Per Container: 30

Amount Per Serving	% DV	
Calories	5	
Thiamin	25 mg	1,667%
Vitamin B6	25 mg	1,250%
Folate	400 mcg	100%
Vitamin B12	30 mcg	500%
Iron	50 mg	278%
Phosphorous	195 mcg	20%
Magnesium	200 mg	50%
Chloride	238 mg	7%
Sodium	160 mg	7%
Potassium	486 mg	14%

Endurance Blend: 2,696 mg †
Creatine citrate, Beta-alanine (CarnoSyn®**), Beet root, Quercetin dihydrate, Ferrous fumarate, Caffeine anhydrous, Rhodiola root extract (*Rhodiola rosea*) (standardized for 3% rosavin), Pyridoxine HCl, Cyanocobalamin

Muscle Fuel Blend: 5,236 mg †
L-Leucine, L-Isoleucine, L-Valine, L-Ornithine alpha ketoglutarate, N-acetyl cysteine, Thiamin mononitrate, Folic acid

Phospholyte Blend: 2,750 mg †
Magnesium citrate, Potassium chloride, Potassium phosphate, Sodium phosphate

† Daily Value (DV) not established.

Other Ingredients: Citric acid, Natural flavors, Beet color, Silica, Sucralose and Acesulfame potassium.

DIRECTIONS: Add 1 rounded scoop to 8-10 fl oz of cold water and mix until dissolved.

SUGGESTED USE: For maximum results consume **AIR SPEED™** 30-45 minutes prior to training on an empty stomach. We strongly recommend assessing your tolerance before trying more than 1 scoop, especially if you are sensitive to stimulants. However, after assessing your tolerance 2 level scoops may be necessary for some people to reach optimal performance. Do not exceed 2 scoops per training session.

DO NOT INGEST FRESHPACK

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medications, or have a medical condition.

Store in a cool, dry place.

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Distributed by:
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