

Suggested Use: Take 2 capsules at bedtime, with a snack, as a dietary supplement, or as directed by a physician.

Notice: This product contains Aloe Vera. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Aloe Vera may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition. **NOT FOR LONG-TERM USE.**

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

**Aloe Vera
Calm &
Soothe
Complex™**

**Superior
Digestive
Support***

60 Capsules

Herbal Supplement

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving	% Daily Value**	
Vitamin E (as d-alpha tocopheryl acetate)	13.6 IU	45%
D-Limonene	1000 mg	†
Aloe Vera Leaf Gel (1:199) Concentrate	100 mg	†
Melatonin	3 mg	†

† Daily Value not established.

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Rice bran oil, gelatin, maltodextrin, d-Alpha Tocopheryl Acetate (natural antioxidant) and chlorophyllin.

Distributed by: Indiana Botanic Gardens, Inc.

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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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