

PHASE 3: Improved Cardio Endurance

Amplified Muscle Igniter 4X now includes Beta-Alanine, a critical fatigue-controlling factor. Plus, the Performance Blend has been clinically tested and shown to increase cardio endurance performance by nearly 5 minutes.^*

^A study of 29 physically fit and healthy young adult male subjects averaging about 4 hours of exercise a week cycling to exhaustion at 80% V02 shows that these individuals were able to increase performance measured by time to exhaustion nearly 5 minutes longer than when taking placebo.

PHASE 4: Post-Workout Protection

Combat workout induced oxidative stress and battle muscle damaging free radicals! The Sports Antioxidant Blend provides resVida® trans-Resveratrol, a clinically studied blood vessel dilator*, to help increase blood flow necessary to allow more nutrients to get into the muscles. This explosive formula also features powerful antioxidant, Quercetin, to help support recovery after intense workouts.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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resVida® is a registered trademark of DSM.

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PRO PERFORMANCE
AMP
ADVANCED MUSCLE PERFORMANCE

4-phase workout enhancer powder

AMPLIFIED MUSCLE IGNITER 4X

Dietary supplement

MORE POWERFUL ENDURANCE & PERFORMANCE AMPLIFIER*

- Powers Muscles With Key Components To Enhance Blood Flow*
- Ignites Intensity, Metabolism & More Calorie Burn While Protecting Muscle Cells*



Daily



Pre-Workout



Endurance



Energy

FRUIT PUNCH

Natural + artificial flavor
Zero sugar

Clinically Researched

Net Wt 8.4 oz (240 g)

CODE 791259

DIRECTIONS: As a dietary supplement, mix 1 scoop (6 g) with 16 fl oz of cold water and shake vigorously once daily. Take 30 to 60 minutes pre-workout. On non-training days, the product should be taken first thing in the morning.

Supplement Facts

Serving Size One Scoop (6 g)
Servings Per Container 40

Amount Per Serving	% Daily Value	
Calories	20	
Total Carbohydrate	5 g	2%†
Sugars	0 g	0%†
Vitamin C (as Ascorbic Acid)	120 mg	200%
Niacin (as Niacin and Niacinamide)	40 mg	200%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	10 mg	100%
Performance Blend	1.69 g	*
Ginger Root Extract (<i>Zingiber officinale</i>), Yerba Mate Leaf Extract (<i>Ilex paraguariensis</i>)(8% Caffeine = 40 mg), Guarana Seed Extract (<i>Paullinia cupana</i>)(36% Caffeine = 152 mg), Black Tea Leaf Extract (<i>Camellia sinensis</i>)(5% Caffeine = 8 mg), Schisandra Fruit Extract (<i>Schisandra chinensis</i>), Dill Weed Extract (<i>Anethum graveolens</i>), Grape Seed Extract (<i>Vitis vinifera</i>)		

KMG

Amount Per Serving	% Daily Value	
Sports Antioxidant Blend	105 mg	*
resVida® trans-Resveratrol, Quercetin dihydrate, Green Tea Leaf Extract (<i>Camellia sinensis</i>), Yohimbe Bark Extract (<i>Pausinystalia yohimbe</i>), Fenugreek Seed (<i>Trigonella foenum-graecum</i>)		
Calorie Burn Blend	368.34 mg	*
Caffeine Anhydrous, CarnoSyn® Beta-Alanine, White Willow Bark Extract (<i>Salix alba</i>), Capsimax™ Capsicum Fruit Extract, L-Carnitine Fumarate, Black Pepper Extract (<i>Piper nigrum</i>)		

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Malic Acid, Natural and Artificial Flavors, Acesulfame Potassium, Sucralose, Red #40.

Total caffeine per serving is 400 mg.

WARNING: Use only as directed. Do not exceed one scoop daily. Do not use if pregnant, nursing or allergic or contraindicated to aspirin. If you are taking aspirin or blood thinning or other medication or have a medical condition, consult your healthcare professional before using this product. Discontinue use two weeks prior to surgery, or if upset stomach occurs.

NOTICE: Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

The 4-Phase System for Undeniable Results!

PHASE 1: Pre-Workout Calorie Burn

Amplified Muscle Igniter 4X now features a more advanced, powerful cocktail of performance ingredients. Burn 300% more calories pre-workout and ignite your metabolism for hardcore results!*

*In a study, a group of 25 participants exercised on the treadmill on two occasions. On one occasion, they used the Calorie Burn Blend in this formula 60 minutes before exercise and on the second occasion, they took a placebo. Results showed a 300% increase in calorie burn before exercise for those who took the Calorie Burn Blend compared to the placebo.

PHASE 2: More Physical & Mental Intensity

Getting into the zone mentally is crucial for high-quality training. Now you can push every single workout to the limits with increased intensity, better muscular performance and improved reaction time - allowing you to take your results to a new level.* The ingredients in the Performance Blend are clinically tested and deliver the proper compounds necessary to maximize each benefit. Work out harder and longer while pushing your body to the max with this powerful formula.*