

DYMATIZE
NUTRITION

ELITE RECOUP

Advanced Amino Recovery

10
SERVINGS

WATERMELON

NATURALLY & ARTIFICIALLY FLAVORED
NET WT 0.26 LB (118g)



DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 1 Heaping Scoop (11.8g)
Servings Per Container: 10

Amount Per Serving	%Daily Value*
Vitamin B1 (as Thiamin HCL)	1.5 mg 100%
Vitamin B2 (as Riboflavin)	1.7 mg 100%
Vitamin B3 (as Niacin)	20 mg 100%
Vitamin B5 (as Pantothenic Acid)	9 mg 90%
Vitamin B6 (as Pyridoxine HCL)	2 mg 100%
Vitamin B12 (as Cyanocobalamin)	3.5 mcg 60%
Vitamin C (as Ascorbic Acid)	60 mg 100%
L-Leucine	3.6 g †
L-Glutamine	2.5 g †
L-Isoleucine	1.8 g †
L-Valine	1.8 g †
Citrulline Malate & Hydrogen Citrate	1 g †

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Citric Acid, Natural & Artificial Flavors, Malic Acid, Acesulfame Potassium, Sucralose, Ascorbic Acid, Silicon Dioxide, Niacin, Calcium D-Pantothenate, Red #40, Pyridoxine HCL, Riboflavin, Thiamin HCL, Cyanocobalamin.

DIRECTIONS: Mix 1 heaping scoop (11.8 grams) with 6-10 ounces of water. Due to the natural resistance BCAAs have to liquids, some settling may occur on both the top and bottom of the solution.

For Maximum Results, Consume the Following:*

Pre-Workout: <150 pounds = 2 heaping scoops
(complete consumption during workout) 150-200 pounds = 3 heaping scoops
200+ pounds = 4 heaping scoops

Post-Workout: 2 heaping scoops immediately after workout

MANUFACTURED FREE OF BANNED SUBSTANCES
IN A **NSF GMP FOR SPORT™** REGISTERED FACILITY



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DYMATIZE.COM

Manufactured & Distributed by:
Dymatize Enterprises, LLC
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**7.2g Pharmaceutical Grade
BCAAs per Serving**
2.5g Glutamine per Serving
Added B Vitamin Complex

Elite Recoup utilizes AjiPure® 100% Pharmaceutical grade Glutamine & BCAAs, sourced from Ajinomoto AminoScience.

AjiPure is a registered trademark of Ajinomoto AminoScience LLC.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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