



Guarana

Herbal Supplement

100 capsules • 500 mg

SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule two to six times per day with water.

NOTE: This product is a natural source of caffeine, typically providing 20–40 mg per capsule.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Guarana (Paullinia cupana) (seeds) 500 mg*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

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9