Take 1 serving(1 tablet)once daily by swallowing.

Thiamin mononitrate, Riboflavin, Pyridoxine hydrochloride, Cyanocobalamin.Nicotinamide,Folic acid.D-biotin.D-calcium pantothenate, Sorbitol, Monascus yellow pigmen, Food flavoring(Lemon),Masking flavor,Silicon dioxide,Magne-sium stearate,Coating agents THE APPLICABLE POPULATION: Adults who need vitamin B

SUPLEMENT FACTS: Serving Size:1 tablet Serving Per Container:90 AMOUNT PER SERVING:	
Vitamin B ₁	13
Vitamin B2	13
Vitamin Be	71

Vitamin B1	13mg
Vitamin B ₂	13mg
Vitamin B ₆	7mg
Vitamin B ₁₂	6.5µg
Nicotinamide	27mg
Folic acid	340µg
Biotin	70µg
Dentethania said	15mg

Pantothenic acid THE INAPPLICABLE POPULATION: People under the age of 17,







SUPPLEMENT VITAMIN B

Dietary Supplement 90 Tablets MADE IN USA