



PRO PERFORMANCE[®] ADVANCED AMP[™] MUSCLE PERFORMANCE

CODE 351234

DIRECTIONS: As a dietary supplement, add one packet (60g) with 12-14 fl. oz. cold water. Take twice daily, once before workout and once during workout.

Supplement Facts

Serving Size One Packet (60g)
Servings Per Container 6

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	200	Copper	1 mg 50%
Calories from Fat	5	Manganese	1.5 mg 75%
Total Fat	0.5 g 1%†	Chloride	340 mg 10%
Cholesterol	25 mg 8%	Sodium	230 mg 10%
Total Carbohydrates	38 g 13%†	Potassium	150 mg 4%
Sugars	13 g *	D-Ribose	1.1 g *
Protein	10 g	L-Lysine	400 mg *
Thiamin	0.75 mg 50%	L-Methionine	400 mg *
Riboflavin	0.6 mg 35%	L-Phenylalanine	350 mg *
Niacin	7.5 mg 38%	L-Leucine	250 mg *
Vitamin B-6	1 mg 50%	L-Glutamine	250 mg *
Folic Acid	200 mcg 50%	L-Arginine	200 mg *
Vitamin B-12	1 mcg 17%	L-Histidine	200 mg *
Biotin	25 mcg 8%	L-Isoleucine	125 mg *
Pantothenic Acid	3.5 mg 35%	L-Aspartate	100 mg *
Calcium	70 mg 7%	L-Valine	50 mg *
Phosphorus	250 mg 25%		
Magnesium	150 mg 38%		
Zinc	7 mg 47%		
Selenium	25 mcg 36%		

OTHER INGREDIENTS: Maltodextrin, Protein Blend (Whey Protein Concentrate, Hydrolyzed Whey Protein), Dextrose, Fructose, Vitamin/Mineral Premix (d/Magnesium Phosphate, Sodium Phosphate, diCalcium Phosphate, Sodium Chloride, Potassium Chloride, Zinc Oxide, Niacinamide, Manganese Sulfate, Selenomethionine, D-Calcium Pantothenate, Copper Sulfate Pentahydrate, Biotin, Folic Acid, Pyridoxine Hydrochloride, Cyanocobalamin, Thiamin Mononitrate, Riboflavin), Citric Acid, Malic Acid, Natural & Artificial Flavors, Tartaric Acid, Lecithin, Sucralose, FD&C Blue #2.

CONTAINS: Milk and Soybeans.

ELG

What is Amplified Endurance Booster?

Need an endurance boost? Go the distance and improve your time to exhaustion with Amplified Endurance Booster! It's GNC's most effective endurance product ever! This clinically studied formula is proven to improve endurance performance by 78% and make intense endurance exercise easier!^^

Specialized Carbohydrate Blend - During intense long distance exercise, adequate amounts of quality carbohydrates must be available to energize your working muscles for the long haul. This formula contains two fast-acting carbs, dextrose and ribose, with a slower acting carbohydrate, maltodextrin, to provide sustained energy and blood sugar levels needed for maximum endurance performance.*

10 Grams of Muscle Fueling Protein - Studies show that a combination of carbs and protein during exercise can improve performance and better fuel your muscles for endurance exercise.

Critical Amino Acids - This product features Branched Chain Amino Acids (BCAA) to help preserve muscle glycogen stores and reduce protein breakdown during long distance activity.* It also includes glutamine, which plays an important role in muscle function and hydrating muscle cells.*

5-Electrolyte Blend - This thirst-quenching, hydration enhancer provides a 5-electrolyte blend. Replacing lost electrolytes is necessary to help regulate body fluids.

Vitamins and Minerals - Equipped with B-vitamins, this formula also supports carbohydrate metabolism and energy production.* Plus, it's enhanced with calcium, which plays an important role in muscle contractions, and magnesium, which is necessary for muscle function.*

The Proof is in the Results!

In a clinical study, participants using Amplified Endurance Booster were able to exercise 2 minutes longer!^ This revolutionary product has been clinically proven to:

- Improve Endurance Performance*
- Improve Cycling Time to Exhaustion During a Time Trial*
- Make High Intensity Endurance Exercise Easier*

^In a randomized, double-blind, crossover study of 12 subjects involving 90 minutes of continuous cycling immediately followed by high intensity cycling at 85% VO2Max, consumption of two servings of the endurance formula present in this product during exercise resulted in improved time to exhaustion (4.57 minutes on active vs. 2.57 minutes on placebo) during the high-intensity training cycling bout, reflecting an approximate 78% improvement in endurance performance.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PRO PERFORMANCE[®] ADVANCED AMP[™] MUSCLE PERFORMANCE

Aerobic competition accelerator

AMPLIFIED ENDURANCE BOOSTER

Dietary supplement



Pre-Workout



During



Endurance



Energy

Clinically Researched

BLUE RASPBERRY

Natural + artificial flavors

6 PACKETS

NET WT 0.79 LBS. (12.68 OZ.) 360 G



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Aerobic competition accelerator

AMPLIFIED ENDURANCE BOOSTER

Dietary supplement

→ Clinically Shown to Improve Endurance

Performance by 78%^

→ Maximize Energy During High Intensity Exercise

→ Loaded with Electrolytes, Carbohydrates, BCAA & Hydrolysates to Rapidly Replenish Glycogen Stores*



Pre-Workout



During



Endurance



Energy

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