

The Proof is in the Amino Absorption – And More...

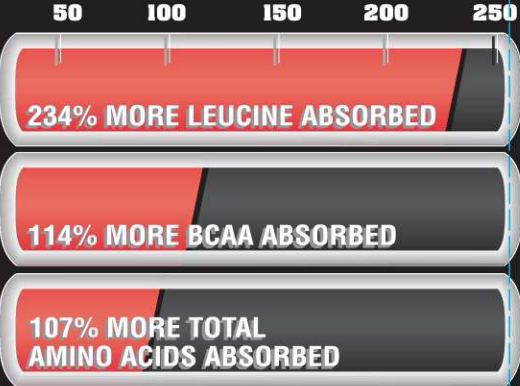
Faster Absorption of Critical Amino Acids for Muscle Fuel:

A clinical study has proven that the proprietary protein blend in Amplified 100% Whey Protein delivers more critical aminos into the blood stream - better and faster than regular whey!\*

Compared to regular whey protein, two servings of Amplified 100% Whey Protein maximized amino acid absorption by delivering:

- 107% More Total Amino Acids\* - These critical amino acids are crucial to feeding your muscles before, during and after exercise.\*
- 114% More Branched Chain Amino Acids Absorbed 142% Faster!\* - BCAA are involved in reducing the amount of protein breakdown from exercise and help to preserve muscle glycogen stores.\*
- 234% More Leucine Absorbed 370% Faster!\* - Leucine is a key branched chain amino acid that is essential to fueling your muscles.\* Its key role is to help regulation of muscle protein synthesis during muscle building and recovery.\* This key amino acid is important for all types of athletes.

ABSORB MORE TOTAL AMINO ACIDS, BCAA AND LEUCINE WITH AMPLIFIED 100% WHEY PROTEIN COMPARED TO REGULAR WHEY PROTEIN!



\* In a randomized, double blind, controlled cross-over study of 16 healthy male volunteers, subjects experienced significantly higher maximum concentrations of Total Amino Acids, Branched Chain Amino Acids and Leucine one hour post-ingestion of two servings of the protein blend in GNC Pro Performance® AMP Amplified 100% Whey Protein relative to amino acid concentrations measured post-ingestion of whey protein concentrate. Significant differences for the Rate of Change of BCAA and leucine absorption were also observed relative to the control group.

\*When used in conjunction with a resistance training program.

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

SHOP NOW @ GNC.COM

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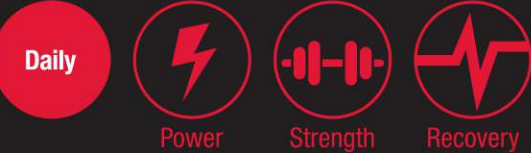
PRO PERFORMANCE® ADVANCED  
AMP MUSCLE  
PERFORMANCE

Micronized protein + amino acids

AMPLIFIED  
100% WHEY  
PROTEIN

Dietary supplement

- 20g of Protein Featuring Micronized Whey, Hydrolysates and 22.5g of Amino Acids
- 107% Better Absorption of Total Amino Acids\*
- 234% Better Absorption of Leucine\*
- Formulated to Build Lean Muscle^



Clinically Researched

VANILLA  
Natural + artificial flavors

NET WT 32 OZ (2 LB) 909 G

CODE 351213

EL6

DIRECTIONS: As a dietary supplement, add one level scoop (36.5g) of Pro Performance® AMP Amplified 100% Whey Protein to 7-8 fl. oz. cold water and blend well. For maximum results, take twice daily.

Supplement Facts

Serving Size One Level Scoop (36.5g)  
Servings Per Container 24

| Amount Per Serving | % Daily Value |
|--------------------|---------------|
| Calories           | 130           |
| Calories from Fat  | 20            |
| Total Fat          | 2 g 3%†       |
| Saturated Fat      | 1 g 5%†       |
| Cholesterol        | 55 mg 18%     |
| Total Carbohydrate | 8 g 3%†       |
| Dietary Fiber      | 3 g 12%†      |
| Sugars             | 2 g *         |
| Protein            | 20 g          |
| Calcium            | 90 mg 9%      |
| Sodium             | 230 mg 10%    |
| Potassium          | 200 mg 6%     |

Micronized Amino Acids 8 g \*

Leucine (as Micronized L-Leucine, Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Isolate and Hydrolyzed Whey Peptides), Glutamine (as Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Isolate and Hydrolyzed Whey Peptides)

Tri-MG™ 1.25 g \*

Betaine (as Betaine Anhydrous)

Amino Acceleration System 100 mg \*

BioCore Edge™ Blend (Protease [from *Aspergillus oryzae*, *Aspergillus niger* and *Aspergillus melleus*], Peptidase [from *Aspergillus oryzae*])

†Percent Daily Values are based on a 2,000 calorie diet.  
\*Daily Values not established.

OTHER INGREDIENTS: Protein Blend (Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Isolate, Hydrolyzed Whey Peptides), Natural and Artificial Flavors, Sunfiber® Partially Hydrolyzed Guar Gum, Polydextrose, Polyethylene Glycol, Lecithin, Salt, Titanium Dioxide, Potassium Chloride, Acesulfame Potassium, Sucralose.

CONTAINS: Milk, Soybeans and Wheat.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

BioCore Edge™ is a trademark of National Enzyme Company.

Sunfiber® is a registered trademark of Taiyo International, Inc. Use of Sunfiber® is protected by US Trademark Registration No. 2,930,937.

| TYPICAL AMINO ACID PROFILE PER SERVING: |         |               |         |
|-----------------------------------------|---------|---------------|---------|
| Alanine                                 | 444 mg  | Lysine        | 1721 mg |
| Arginine                                | 955 mg  | Methionine    | 442 mg  |
| Aspartate                               | 2400 mg | Phenylalanine | 652 mg  |
| Cystine                                 | 516 mg  | Proline       | 1123 mg |
| Glutamine                               | 3513 mg | Serine        | 944 mg  |
| Glycine                                 | 345 mg  | Threonine     | 1311 mg |
| Histidine                               | 355 mg  | Tryptophan    | 384 mg  |
| Isoleucine†                             | 1200 mg | Tyrosine      | 578 mg  |
| Leucine†                                | 4502 mg | Valine†       | 1115 mg |
| Total                                   |         | 22500 mg      |         |

† Indicates Branched Chain Amino Acids (BCAA).  
\* Denotes naturally occurring and added free form amino acids.

What is Amplified 100% Whey Protein and Why is it Better than Regular Whey?

Think ordinary whey protein is good enough? Think again. Introducing the latest breakthrough in whey! Amplified 100% Whey Protein features technology-enhanced protein with hydrolysates clinically proven to deliver more amino acids into the blood stream – better and faster than regular whey!\*

The result...more amino acids are available for muscle fuel! These critical amino acids support athletic strength, performance, endurance and recovery.\* This is the cutting-edge protein product that delivers a whole new level of protein technology.

The Amplified 100% Whey Protein Evolution

What makes this protein AMPLIFIED? Using cutting-edge technology and top notch research and development principles, this protein was designed to be the new champion of the whey protein category.

Micronized Protein with Hydrolysates and Amino Acids - This premium whey features micronized whey protein with hydrolysates, leucine and glutamine! Using MicroSorb™ Amino Technology, the micronized whey protein and amino acids in this formula have been pulverized into smaller particles that are easier to absorb. As a result, Amplified 100% Whey Protein is proven to deliver superior amino acid uptake compared to regular whey.\* That means more amino acids are available for your muscles to use as fuel! These key amino acids all support proteins involved in muscle building, recovery and other key processes crucial to your muscles.\*

Amino Acceleration System - To make this protein even more absorbable, a unique digestive enzyme blend was included as an Amino Acceleration System. These efficacious enzymes were scientifically designed to further accelerate the availability of amino acids for absorption.

More Key Aminos - In addition to an impressive 4.5 grams of leucine for muscle protein synthesis and 3.5 grams of glutamine to support the recovery process, this formula is loaded with an array of aminos necessary for your muscles before, during and after workouts.\*

Tri-MG™ - Amplified 100% Whey Protein is enhanced with this unique clinically studied ingredient, also known as betaine or trimethylglycine, which has been shown to enhance athletic performance.\*

Who Can Benefit from Taking Amplified 100% Whey Protein?

Everyone including athletes, fitness enthusiasts and extreme sports competitors who are exercising regularly and looking for a fast-absorbing quality protein to help meet protein needs can benefit from Amplified 100% Whey Protein.

When Should I Take It?

Consume GNC Pro Performance® AMP Amplified 100% Whey Protein with or between meals to add more quality protein to your diet.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.