SOURCE NATURALS® ALIGN **HOLESTREX**® **NUTRIENT & FIBER COMPLEX**

270 TABLETS

Dietary Supplement

Supplement Facts

Serving Size 2 Tablets Servings Per Container 135

Amount Pe	er Serving	%DV
Calories	10	
Total Carbohydrate	1 g	<1%*
Vitamin C (as calcium ascorbate, ascorbic acid	240 mg	400%
& zinc ascorbate)		
Vitamin E (as d- <i>alpha</i> tocopheryl succinate)	21 IU	70%
Niacin	106 mg	530%
Calcium (as calcium ascorbate)	24 mg	2%
Zinc (as zinc ascorbate)	1 mg	7%
Copper (as copper sebacic acid complex)	444 mcg	22%
Chromium (as chromium polynicotinate	66 mcg	55%
[ChromeMate [®]])		
Oat Bran Fiber Blend	555 mg	t
Grapefruit Pectin Complex	311 mg	†
Psyllium Seed Husk	244 mg	†
Lecithin	210 mg	†
Alfalfa Seed	133 mg	t
beta-Sitosterol	61 mg	†
L-Arginine (as L-arginine HCI)	66 mg	t

^{*}Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value not established.

Other ingredients: vegetable gum, silica, cellulose, and magnesium stearate. Contains milk, wheat and soy.

Source Naturals **CHOLESTREX**® is part of the *Cholesterol Rescue*™ family of products. Preliminary scientific evidence suggests that certain fibers, niacin, *beta*-sitosterol and other nutrients may help to support cholesterol wellness when consumed as part of a low cholesterol and low fat dietary program.*

Suggested Use: 2 tablets twice daily with meals. Take tablets with at least 8 ounces (one cup) of water or other liquid.

NOTE: Niacin may cause temporary flushing, tingling, skin reddening, and sensations of heat, especially if taken on an empty stomach. This is a natural and harmless reaction. This product may cause an allergic reaction in persons sensitive to inhaled or ingested psyllium.

CAUTION: Take this product with a full 8 ounce glass of liquid. If you do not drink enough liquid, the product may swell in the throat, causing blockage or choking. Avoid use if you have ever had throat or swallowing problems. Seek immediate medical help if pain, swelling, or breathing difficulties occur. If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

CHROMEMATE® & logo are trademarks of Lonza and its affiliates.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:

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