

STORE SEALED IN A COOL DRY AREA

Recommendations: As a dietary supplement take 1 capsule daily, with a meal.

Tamper Resistant: Use only if safety seal is intact.

Warning: Not to be taken by pregnant or lactating women. Vitamin K may be contraindicated with Coumadin (Warfarin). If you have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.

Metafolin® is a registered Trademark of Merck KGaA, Darmstadt, Germany.

FloraGlo® lutein is a registered trademark of Kemin Industries, Inc.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

ChromeMate® brand niacin-bound chromium. ChromeMate® is a registered trademark of InterHealth N.I.

BenfoPure® is a registered trademark of Hamari Chemicals USA, Inc.



PureGenomics® Multivitamin

hypoallergenic
DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

Serving size 1 capsule

Servings per container 60

	Amount Per Serving	% DV
Vitamin A (as vitamin A acetate and 27% beta carotene)	3,750 IU	75%
Vitamin C (as ascorbic acid)	180 mg	300%
Vitamin D (as cholecalciferol) (D ₃)	1,000 IU	250%
Vitamin E (as d-alpha tocopherol succinate)	30 IU	100%
Vitamin K (as vitamin K ₁ and 25% vitamin K ₂ menaquinone-7)	80 mcg	100%
Thiamin (as Thiamin HCl) (B ₁)	3 mg	200%
Riboflavin (as vitamin B ₂ and 43% riboflavin 5' phosphate (activated B ₂))	3 mg	176%
Niacin (as niacinamide)	20 mg	100%
Vitamin B ₆ (as pyridoxine HCl and 38% pyridoxal 5' phosphate (activated B ₆))	4 mg	200%
Folate (as Metafolin®, L5-MTHF)	800 mcg	200%

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

Vitamin B₁₂ (as adenosylcobalamin 1,000 mcg 16,667% and 50% hydroxycobalamin)

Biotin	300 mcg	100%
Pantothenic acid (as calcium pantothenate) (B ₅)	10 mg	100%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	25 mg	167%
Selenium (as selenomethionine)	70 mcg	100%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium polynicotinate)	200 mcg	167%
Molybdenum (as TRAACS® molybdenum glycinate chelate)	75 mcg	100%
BenfoPure® benfotiamine	3 mg	*
Boron (as boron glycinate)	1 mg	*
Choline bitartrate	140 mg	*
Inositol	25 mg	*
Lutein	3 mg	*
Zeaxanthin	500 mcg	*

* Daily value (DV) not established

Zeaxanthin is sourced from OPTISHARP™ brand. OPTISHARP™ is a trademark of DSM Nutritional Products, Inc.

manufactured and formulated by:
Pure Encapsulations, Inc. Sudbury, MA USA
1-800-753-2277 www.PureEncapsulations.com

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