

XTREME PUMP

FEEL THE RUSH IN 15 MINUTES!

XTREME ENERGY

Take Your Next Workout to the "Xtreme"

Directions for use: See Chart Below.

Xtreme Shock Pre Workout Formula is so Xtreme we recommend for the first 5 days start off with 1 Scoop (5.55g) on days 1 and 2. For Days 3 and 4, 1-1.5 Scoops and Days 5 and beyond 1-2 Scoops.

Day 1 - 2: 1 Scoop	1 Scoop, use 4 - 6 oz. cold water.
Day 3 - 4: 1 - 1.5 Scoops	1.5 Scoops, use 6 - 9 oz. cold water.
Day 5+: 1 - 2 Scoops	2 Scoops, use 8 - 12 oz. cold water.

DO NOT Exceed 2 Scoops in any 24 hour period.

WARNING: Not intended for the use by anyone under the age of 18. Do not take this product if you are pregnant or nursing. Consult a health care professional before using this product if you have heart disease, thyroid disease, diabetes, high blood pressure, depression or other psychiatric condition, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder, if you are using a monoamine oxidase inhibitor (MAOI) or any other prescription drug, or you are using an over-the-counter drug containing ephedrine, pseudoephedrine or phenylpropanolamine (ingredients found in certain allergy, asthma, cough/cold and weight control products). Exceeding recommended serving will not improve results and may cause serious adverse health effects. Discontinue use and call a health care professional immediately if you experience rapid heartbeat, tremors, dizziness, severe headache, shortness of breath, or similar symptoms. Limit the use of caffeine containing medications, food, and beverages while taking this product. Do not use with alcohol. Do not use during strenuous activity in high temperature conditions. Always consult a physician before starting any diet or exercise program. This product is not suitable for sleep. KEEP OUT OF REACH OF CHILDREN. STORE IN COOL, DRY PLACE.

NOTE: Two scoops contains 140 mg of caffeine, limit the use of caffeinated products while taking this supplement. Beta Alanine may cause flush and/or body tingle sensation. (Feel it Work!)



XTREME SHOCK®

2g
Beta-Alanine
Per Scoop

Xtreme
Beta-Alanine/N.O./Kre-Alkalyn
Muscle Pump & Strength Amplifier*

8.8 OZ (250g)

45 Ultra
Concentrated
SCOOPS

- XTREME PUMP*
- XTREME STRENGTH*
- XTREME VASCULARITY*
- XTREME ENERGY*
- XTREME STAMINA*
- XTREME RECOVERY*
- XTREME FOCUS*

Powered by: GlycoCarn; USP



Supplement Facts

Serving Size: 1 scoop (5.55g)
Servings Per Container: 45

Amount Per Serving	% DV
Calories	8
Total Carbohydrates	2g 1%
Niacin	20 mg 100%
Xtreme Shock® Proprietary Blend	5,550 mg
CarnoSyn® (Beta Alanine, Carnosine ATP Synthesizer)	††
Kre Alkalyn® (PH Stable Creatine Monohydrate)	††
Micronized Creatine Monohydrate	††
GlycoCarn® (Glycine Propionyl-L-Carnitine Hydrochloride)	††
Caffeine Anhydrous	††
Arginine HCL	††

† Percent Daily Values are based on 2,000 calorie diet.
†† Daily Values not established.

Other Ingredients: Maltodextrin, Citric Acid, Silica, Natural Flavors, Beet Root and Sucralose.

Manufactured in a FDA Registered & GMP Certified Facility.

Kre-Alkalyn® is a trademark of All American Pharmaceutical. Kre-Alkalyn® is protected by US Patent 6,399,661. GlycoCarn® is a registered trademark of Sigma-tau HealthScience's AminoCarnitine® line of products and is exclusively manufactured by Sigma-tau HealthScience under USA Production Patent #6703042 and Worldwide Production Patent #EP1202956. CarnoSyn® licensed under one or more of U.S. Pat. Nos. 5,965,596, 6,426,361, 7,504,376 and 8,067,381, each of which is owned by Natural Alternatives International, Inc. (NAI). NAI is also the owner of the registered trademark CarnoSyn®.

Dietary Supplement

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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